

OUTA SPACE

NEWSLETTER

ROTARY E-CLUB OF SOUTH AFRICA ONE

www.rotaryclubsa.org

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Rotary
E-Club of
South Africa One



23rd MAY 2017
No 22

May is Youth Services Month in the Rotary Calendar.

We have some youth activities to report on in this Newsletter.

It is wonderful these days when one comes across knowledgeable Rotarians who also use common sense to reach decisions – a rare find indeed.

Where does the problem lie that information that was passed on from Rotarian to Rotarian seems to have fallen by the wayside. How well are new members informed and mentored? Do the more experienced members take enough time to share knowledge?

Do the newer Rotarians seek answers and ask questions or do they simply drift along with the pack and then all of a sudden find themselves in a Leadership position and one where they hardly have the knowledge to successfully lead?

Do all Clubs have someone dedicated to do training in their Club? Or is there just not enough time for those kinds of things? After all if someone wants to be equipped with Rotary knowledge there are umpteen training modules available on the Rotary website.

Are we recruiting members who will one day assume leadership roles in Clubs and further up the Rotary ladder? Perhaps we are so keen to just grow our numbers that we don't even consider that.

It is wonderful that a handful of Rotarians in the E-Club of South Africa One are making such a huge difference in the lives of several communities. That makes it all worthwhile

Have Fun

Gerald Sieberhagen - Editor

**SUBSCRIPTIONS ADVICES FOR JULY/DECEMBER
WILL BE SENT OUT IN A WEEKS TIME
AND ARE DUE FOR PAYMENT IN 30 DAYS!
RI AND DIST DUES AND ROTARY AFRICA SUBS
WILL HAVE TO BE PAID BY THE CLUB WITHIN 30 DAYS.**

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PRESIDENT IRENE'S CORNER



Dear Fellow Rotarians

Our District Conference is taking place next weekend. To our members who are going to attend, have a wonderful and exciting conference.

For our members who have never attended a District Conference, let's talk about the Rotary International required elements of the Conference.

QUOTE "The purpose of the district conference is to provide opportunities for networking, inspirational addresses, and discussions of Rotary related matters. The event should recognize the service programmes, projects and public relations achievements in the district in order to inspire Rotarians to become more involved in service. The conference should also give Rotarians and clubs a vision of Rotary beyond the club level and provide a memorable fellowship experience."

Rotary will send a President's Representative who is allowed to give two conference addresses and brief remarks at the end of the conference. During the conference the audited financial statement from the previous Rotary Year will be discussed and adopted.

A Rotary District conference has what is commonly known as plenary sessions. The actual definition of a plenary session is really a general assembly for all participants. Hmm, having sat through numerous district conferences, I would have to say they are CLEARLY not gatherings of ALL participants.

Some not so seriously minded Rotarians prefer fellowship and the social functions, not to forget the meals and the entertainment.

Actually the presentations at plenary sessions are generally good and interesting. They usually involve Rotary programme material that all Rotarians should learn and know about particularly now that Rotary has "modernised" itself and introduced new or expanded programmes by both Rotary International and the Rotary Foundation.

This year's district conference has some excellent speakers, and we are looking forward to receive a comprehensive report back from our attending members. Good news from a NON Rotarian from the UK. We have received a pretty sizable donation to assist with the upgrade of our ST Thomas Children's Home project. A sewing group in the UK are trying to raise money for SUBZ for our Club initiative. I know a lot of Rotarians are averse to talking about Rotary projects to their friends but, believe me, a little bit of PR can show amazing results. It is up to you to find the words, delivered with enthusiasm that will shake loose a few Rand.

My trip to the Natal South Coast this week to meet with the community and teachers at Gamalakhe will be in memory of our friend Rotarian Peter Brauteseth and for our Club to continue, and in due course finalise the Global Grant that Peter was so passionate about and to keep our overseas partners informed and up to date with developments there.

Last comment: Are you wearing your ROTARY LAPEL BADGE AT ALL TIMES?

To all of you, best wishes and

Have FUN
Irene

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TOPIC of the Week duties and the dates for GoToMeeting are highlighted in larger print to ensure that members do not overlook them

TOPIC of the Week ROSTER

MAY 2017 to AUG 2017

THIS IS YOUR REMINDER

Thank you to the following volunteers! PLEASE NOTE YOUR DATE

29th May – Alastair Stead
5th June – Steven Lancaster
12th June – Johan Krugel
19th June – Greg Cryer
26th June – Amanda van Rooyen
3rd July – Irene Kotze
10th July – Arlene Arnold
17th July –
24th July –
31st July –
7th Aug –
14th Aug –
21st Aug –
28th Aug –

Please send your TOPIC of the Week to our Club Admin Director, Gerald Sieberhagen, by at least the THURSDAY preceding the date of your turn. It makes it easier if Rotarians send in their TOPIC of the Week well ahead of time.

TUESDAY

30TH MAY – Dr Marieanna C Le Roux - PAT 'Pets as Therapy'

13th JUNE – Dr Julia Ambler - Umduduzi

27th JUNE

4th JULY – Induction Dinner

11th JULY

25TH JULY

8TH AUG – Corrine Gregory – Character and The Four-Way Test

22ND AUG

5th SEPT

19TH SEPT

During the week preceding the GTM, the login details REMINDER will be emailed to each member.

If you have any suggestions for a Guest Speaker please let me know – Gerald – Club Admin

DATES TO REMEMBER

BIRTHDAYS

MAY

23rd – Angie Goody
26TH – Andisha Maharaj
27th – Gerald Sieberhagen
31st – Andrea Mellon

JUNE

6th – Giel van Rooyen
7th – Herman Zapp
11th – Johnny Stark
12th – Janet Rouillard
13th – June Fannin
30th – Jean Singh

ANNIVERSARIES

MAY

23rd – EARLYACT CLUB of OUR LADY
OF FATIMA
25th – Aadila & Brian Sabat St Clair

JUNE

22nd – John & June Fannin
30th – Jean & BU Singh

UPCOMING EVENTS 2017

26TH May – International Chardonnay Day - Cheers

25th to 27th May – District Conference in Grahamstown - 'Kindle a Spark'

10th to 14th June – Rotary International Convention in Atlanta

23rd June – Meeting with Rotarians from D5340 USA – more details to follow from Pat Draper

4th July – Rotary E-Club of South Africa One Induction Dinner

18th July – 67 Minutes for Mandela – who would like to organize something for this day?

1st to 7th September – Arbor Week – ideal time to plant a tree in South Africa

3rd September – Tree planting in Hammersdale –see Page 12

14th to 16th September – Rotary Zone 20A Institute in Johannesburg

19th & 21st September – Group from DownUnder will be in Durban – more details to follow

21st September – International Day of Peace

15th October – Global Handwashing Day

19th November – World Toilet Day

2018

27th April – Arbor Day in USA and deadline day for planting a tree

YOUTH SERVICES ACTIVITIES



Making a difference! This year on Mother's Day the Interact Club of Port Alfred High School, together with Interact Advisor, Mike Millard, visited Damant Lodge Retirement Home in Port Alfred.

Providing cake for the residents is always a privilege and heart warming experience.



The Interact Club of Port Alfred High School is an extremely active Club and finds many ways to interact with the community of Port Alfred.

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CELEBRATING THE CENTENNIAL OF THE ROTARY FOUNDATION



DG Bruce Steele-Gray and Ann Pippa with PDGs, AG's, Club Presidents and Rotarians about to blow out the Rotary Foundation Centennial Birthday Cake candle at the function arranged by PDG Natty Moodley and the Rotary Club of Chatsworth High Noon.



A Group Study Exchange Team was led by PDG Natty Moodley to Turkey District 2420 in 2001. Attending the Centennial Celebration were l to r: PP Monique Labat, GSE Team Member, PDG Natty Moodley, Ann Vasanthee Moodley, Molly Govender and Kuben Govender, GSE Team Member.

FOCUS ON YOUTH SERVICES

Posted on April 25, 2017 by Rotary International



Kay Fisher, bottom row far right, with her Interact Club in Clemson, South Carolina, USA

By Kay Fisher, a member of the Rotary Club of North Mecklenburg, North Carolina, USA
Growing up in the suburbs of Atlanta, I never learned how to swim, how to play the piano, or how it would feel to go to church on Sunday mornings. The opportunities were there.



The new YMCA offered swim lessons, my grandparents bought me a new piano and offered to pay for lessons, and churches were close to my house. But these were all things my dad felt only “plastic people” did.

That was his word for those whose education afforded them a seemingly easy white collar life. My father had dyslexia, a condition not well understood in the 1950’s, and because of it he struggled in school. His insecurities growing up in a college town led him to drinking at an early age. As a plumber, he felt someone who didn’t get their hands dirty working was too self-absorbed on appearances and achievement to care about anything or anyone else.

When I was 13, my mother and I left him in the middle of the night. We moved to the hometown they both shared — Clemson, South Carolina, to live with my grandparents. It was a culture shock to go from suburban Atlanta to a small college town but gave me insight into my dad’s adolescence. Although I felt I was betraying him with my new facade, I decided being accepted in this new environment was more important and I wanted to join the group of kids whose parents he would have called plastic.

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FOCUS ON YOUTH SERVICES CONT

CONT FROM PAGE 7



In high school, the most popular extracurricular club was Interact. I joined and developed a love of service. Our club was active and there was a service project almost every week. We tutored elementary students, cleaned highways, visited nursing homes and a few of us went to a battered women's shelter. I saw these kids as friends who cared about other people and other things greater than themselves.

At the end of the year, our sponsoring club hosted the Interactors at their weekly lunch meeting. We had learned Rotarians were leaders, professionals, business owners and well respected

community members. I loved Interact and wanted to learn more about this Rotary Club which had provided me opportunities to serve our community. I read aloud **The Four-Way Test** and learned Rotary was about Service Above Self. I met Rotarians who were welcoming and took an interest in me. They wanted to know about our club and the projects we had done. The experience forever changed the trajectory of my life and my image of leadership.

I graduated from Clemson University and now run a real estate business with my husband in Cornelius, North Carolina. I am a board member of the Rotary Club of North Mecklenburg, Davidson Lands Conservancy, and Our Town Habitat for Humanity. I am humbled by the opportunities to serve my community and am grateful to those Rotarians who created Interact. A moment of goodwill has the power to change the next generation of leaders.

How many Interactors leave school with many memories of Service that they participated in during their Interact years?

How many of them still have some contact with Rotarians?

How many of them eventually join a Rotary Club?

Where does the onus lie for ongoing contact to be maintained with these service minded young people?

Lots of talk but very little action to ensure that one day these ROTARY ALUMNI join a Rotary Club!

WAYS TO RAISE FUNDS FOR THE ROTARY FOUNDATION



BUSINESS AND ROTARY COMBINE TO FUND ROTARY FOUNDATION – David Tilling

The power of the association of business with Rotary worldwide is amply demonstrated by this humble jar of jam.

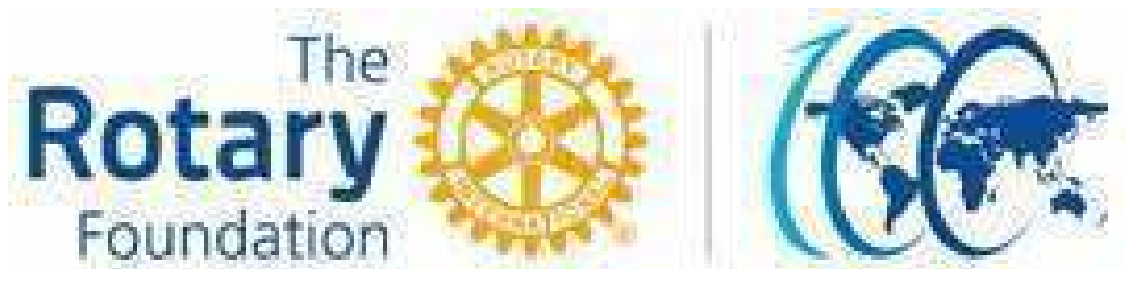
Since the turn of the 21st Century, the well known English manufacture of jams and marmalades, Wilken & Sons of Tiptree, Essex commonly referred to as “Tiptree”, has contributed products for Rotary throughout the UK to dispose of to raise funds for the Rotary Foundation. This well-established firm which has held a Royal warrant since 1911, as can be seen on the label, donates about 50,000 jars of jam or marmalade (this year it’s “Early Rivers Plum jam”) to Rotary but it has been as many as 72,000 bottles of tomato sauce in the past. Every 4 years, every UK Club gets jars to sell or raise money via donations for the Rotary Foundation. The income is usually in the region of £1.5 million, about R26 million!

My jar of jam, received via my association with Westbourne RC and as yet unopened, is attracting contributions of £1 coins, old and the new, 2 metal, octagonal sided coins but in an empty honey jar. I expect to get £40 by the autumn.

Thank you David for that story! Do any of our members have stories to share about their endeavours during, especially this Rotary Year, which is the Centennial of our Rotary Foundation?

Monique Labat has donated for every Foodie Cookbook she has sold; Steven Lancaster donated for every entrant in the Dolphin Challenge race; Andisha Maharaj has donated for every bottle of her pickles sold and 6 E-Club members have collectively donated R25 000. And then there is the R20 that we collect from each member each year. In addition funds were received from the Port Alfred Swimathon and the Windermere Shopping Centre collection day.

Maybe YOU would like to make a donation to our Rotary Foundation this year but just don't know how – easy, just ask President Irene Kotze or myself.



A "hidden" agenda for membership?



How many of you initially joined Rotary because of the perceived opportunity for business networking? If that was part of it, how has it worked out for you?

I have to be frank here...when I first started SocialSmarts (then called "The PoliteChild"), I was searching for ways to expand my fledgling company's visibility into the community. I'm not sure who it was who suggested I join the local Rotary, but I remember my first meeting at Woodinville Rotary vividly.

I was greeted at the door and then put in the hands of a lovely lady, Helen Ralph who was my tour-guide and companion for the rest of the meeting -- and she actually became my sponsor when I applied for membership not long thereafter. Once Helen found out what I did and what my company's "business" was, she kept telling me "oh, you need to meet so-and-so." She was a human Rolodex of all the people I should meet who would have an interest in my business.

I crossed paths with Helen again last year (she's now with Kingston/North Kitsap Rotary) when I was helping her club with their charity auction (but that's another story) and I'm happy to say she is still the same warm, engaging "social connector" that she was when I first met her.

We certainly believe Rotary is about Fellowship, but how many of us joined because we saw a potential opportunity for connecting with like-minded *business* people? Did you have an expectation that being a Rotarian would open up more avenues for commerce? How has that worked out for you?

People who join Rotary for purely networking opportunities may find themselves disappointed. There's an upside and a downside of this premise: while you may not find that your actual business or sales increase, you will find no better place to learn business and leadership skills than Rotary.

Another natural assumption is that if you need someone else's products or services, you are better served by seeking out a fellow Rotarian than just diving into the general population. Again, I'd be interested in your observations and experience? For years, my attorney and my accountant were both fellow Rotarians, but then having to change those allegiances down the road became uncomfortable because of the "friendship" aspect that went along with the business relationship.

Another one of my original assumptions was that doing business with Rotarians would be easier because we were all bound by the Four-Way Test. So of course you were assured that you'd always be treated with truth, consideration and "building better friendships." Certainly, while we are all striving to be the best people we can be -- and the best Rotarians -- the truth is we are all flawed human individuals and some people take their principles more seriously than others. I've had some people come to me and say that they are thinking about changing Clubs -- or leaving Rotary entirely -- because individuals have not lived up to their Rotarian ideal. Again, I don't believe that a few bad eggs should spoil the whole bunch...

I'm interested to hear what your initial expectations were for the value of networking at Rotary and what have your results been? When doing business with other club members, have you found a higher calibre of service and integrity than you believe is the general norm? I'd love to hear your feedback and insights.

Thanks again, as always for your insightful responses and the stories you share. I continue to be impressed by the quality of the thoughts you share. Keep those cards and letters coming, boys and girls!

YiR,- Corinne Gregory - Author, "[It's Not Who You Know, It's How You Treat Them](#)"

SPEAKER – HEATHER WALKER of HIGHWAY HOSPICE



THE HIGHWAY HOSPICE ASSOCIATION 59 Locksley Drive, Sherwood 4091 Tel: 031 208 6110 Fax: 031 2082945 Email: heather@hospice.co.za Internet: www.hospice.co.za

The Highway Hospice was started in the home of the founder, Greta Schoeman in 1982.

In 1983 the need was great and the first fundraising began and in September 1983 the first house at 59 Locksley Drive was purchased and Highway Hospice became a reality. In 1984 the next phase was launched and the 8 bed unit was built.

Hospice is not a place of death and dying but a place of peace and serenity.

Hospice evolves from this vision:

- That every person with a terminal illness deserves 'quality of life' during whatever time is left to them
- That they should be free from pain and other distressing symptoms through specialized palliative care
- That their psychological, spiritual and social concerns should be addressed to ensure peace of mind
- That a dignified death is the right of every human being, and that the wishes of the patient and family are paramount as to the place and presence of loved ones at that important time

That in addition to the patient, the family also receives the holistic care and support that hospice stands for during the final stages of illness, in preparation for and at the time of death, through the bereavement period towards peace, acceptance and healing.

The main focus of hospice is **home care** where a patient will be visited in their own homes and cared for by the family and in familiar surroundings. Looking after a terminal patient is not easy and that is one of the reasons that some patients are admitted to the in-care unit. Other reasons are for pain control and to give the family a break but families are encouraged to visit as often as possible. Our vision is palliative care for all.

There are no set rules at hospice. That is the difference between a hospital and hospice – no set visiting hours – families can stay all day and night – no set times for baths and meals.

We offer: Day centres - Community Day Centre in Sherwood where the patients are offered a support programme for mobile home care patients. The patient's medical and social problems are attended to by the doctor and social worker. Our Outpatient Care Centres in Umlazi, Chesterville, Inanda and Phoenix are support programmes for Mobile Home Care patients. The patient's medical and social problems are attended to by the doctor and social worker. An Occupational Therapist teaches the patient coping skills as their physical abilities degenerate due to illness. We also run memory box workshops for the children on our programme. Bereavement support for the patient and their families.

We do not charge for services and we get no government funding so where does the money come from?

- **Donations from the public** and our own fundraising:
- **Race evening:** Greyville Race Course, Durban, Friday 3rd November 2017.
- **Major Fundraiser** –The Tree of Light – The switch on ceremony will be held on Friday 1st December 2017 in Jamieson Park, Nimmo Road, Morningside from 6 to 8pm – Cost of a globe is R50.
- **Shops:** We have very well run shops in Hillcrest, Pinetown and Sherwood – we take anything from clothes, books, furniture and kitchen ware and we do collect.
- **2000 Club:** Join the 2000 club at R50 per month for a period of 12 months and stand a chance to win 1st prize of R20 000.

TREE PLANTING PAGE

INVITATION FROM SUZANNE EDMUNDS:

A date has been set for the tree planting at the Victor Deitz Foundation/JNF Eco Centre in Hammarsdale during Arbor Week.

SUNDAY 3RD SEPTEMBER 2017

WATCH THIS SPACE FOR MORE DETAILS.

A tour of the work being done at the centre will also be arranged.

John Fannin writes:

We are all set to proceed with the planting of the 100 Olive trees in the Memorial Olive Grove to commemorate 100 years of the Rotary Foundation. We are working on a suitable plaque to be placed in the area commemorating the centenary of the Rotary Foundation.

This is the last call for any member who would like to contribute R100 towards an olive tree in this Memorial Olive Grove.

Thank you DG Bruce for your contribution for a tree!!!



An olive tree

BACK PAGE

We wish our Conference goes, Monique Labat, Francesco Petruccione, Ockie Esterhuyse, Murna van der Merwe and Greg Cryer safe travelling.

May you have a most rewarding and fulfilling time in Grahamstown as you renew old friendships and indeed meet many new friends!



Do not fear going forward slowly, fear only to stand still.

Chinese wisdom

Make some money but don't let money make you

Tanzanian Proverb

He who smiles rather than rages is always the stronger.

Japanese wisdom

*Live beneath your means.
Return everything you borrow.
Stop blaming other people. Admit it when you make a mistake.
Give clothes not worn to charity.
Do something nice and try not to get caught.
Listen more, talk less.
Every day take a 30-minute walk.
Strive for excellence, not perfection.
Be on time. Don't make excuses. Don't argue. Get organized.
Be kind to people. Be kind to unkind people.
Let someone cut ahead of you in line.
Take time to be alone.
Cultivate good manners.
Be humble. Realize and accept that life isn't fair.
Know when to keep your mouth shut.
Go an entire day without criticizing anyone.
Learn from the past. Plan for the future. Live in the present.
Don't sweat the small stuff. It's small stuff.*



It is not so much our friends' help that helps us, as the confidence of their help.

Epicurus [270BC]

One's friends are that part of the human race with which one can be human.

George Santayana [1952]

And now we are once again OUTA SPACE