

OUTA SPACE

NEWSLETTER

ROTARY E-CLUB OF SOUTH AFRICA ONE

www.rotaryclubsa.org

PBO 930039682



Rotary



14th FEBRUARY 2017
No 15



members of E-Club of South Africa One. Wise words indeed!

Members are reminded that as a club we decided to each plant a tree to commemorate the Foundation Centennial.

On Page 13 you will see a photo of the tree that I have planted. Please send me a photo of your tree.

Soon we hope to know more about the Olive trees that are available to our members at FDSA in Veldrif at just R100 per tree.

In this week's TOPIC provided by Paul Maistry, the word tolerate crops up.

That reminds me of what Paul Harris said: Tolerance is one of the most important virtues in the Rotary spirit. As early as 1911 our founder Paul Harris in his essay "Rational Rotarianism" said: "If by interposition of Providence I some day were to find myself standing on a platform in some great Coliseum looking into the

eyes of every living Rotarian, and were to be told that I could have one word to say, without an instant's hesitation and at the top of my voice, I would shout 'Tolerance!'." Because it was in pursuit of it that the Pilgrim Fathers embarked in their frail craft upon the stormy waters. It was from the chrysalis tolerance that lustrous winged liberty. The existence of Rotary resulted because of you and I – our understanding and tolerance we have for each other's weakness.

Our founder Paul Harris has repeatedly iterated: "Rotarians respect each other's opinions and are tolerant and friendly at all times. Catholics, Protestants, Moslems, Jews, and Buddhists break bread together in Rotary." And it is this tolerant attitude that prompted the Rotary International to adopt the following statement in 1933:

"Rotarians in all countries should recognize these facts [differences], and there should be a thoughtful avoidance of criticism of the laws and customs of one country by the Rotarians of another country."

Therefore, as members of an international organization dedicated to world understanding and peace, it behoves Rotarians to exercise restraint in judging our Rotary friends and citizens from other countries when their behaviour seems unusual to us.

Have FUN and Make it happen
Gerald Sieberhagen - Editor

**FOUR SUBSCRIPTIONS STILL OUTSTANDING!
RI AND DIST DUES AND ROTARY AFRICA SUBS
HAVE BEEN PAID**

PRESIDENT IRENE'S CORNER



Dear Fellow Rotarians

Two years ago our Club became aware of Umduduzi - Hospice Care for Children under the guidance of Dr Julia Ambler. We met with her and visited the crèche she had opened for those children who were well enough to leave their hospital beds for a few hours and enjoy playtime. We were happy to provide the Centre with suitable educational toys. Ever since then I have kept contact with Dr Ambler whose aim is to raise awareness for palliative care for all the children that need it. 'Palliative Care' is a medical term I had never heard before, and I assume that not all our members are familiar with it either.

Palliative care for children is the active total care of a child's body, mind and spirit and also involves giving support to the family. It begins when illness is diagnosed, and continues regardless of whether or not a child receives treatment directed at the disease. Health providers must evaluate and alleviate a child's physical, psychological and social distress.

Effective palliative care requires a broad multidisciplinary approach that includes the family and makes use of available community resources; it can be successfully implemented even if resources are limited. It can be provided in tertiary care facilities, in community health centres and even in children's homes.

So the children Dr Ambler and her colleagues see, range from newborn to 18 years of age. They have a variety of conditions including congenital or inherited disorders, organ failure, HIV and Cancer.

Every child with a condition that causes symptoms needs some sort of palliative care whether it be emotional support or pain management. And regardless of the condition, their parents need support too. The Doctors may not be able to prevent all illnesses but through palliative care, there is strength and hope.

It is up to us as Rotarians as we work within our communities to raise awareness of the this medical condition (there are a lot of children suffering and receiving little or no support at all due to parents not understanding the condition and 'hiding' the fact that their children are sick) Palliative care is there for all the children that need it. Living and dying in pain: IT DOES NOT HAVE TO HAPPEN

I am going to ask Dr Ambler to address us on this topic at one of our GTM meetings.

And on a positive note, DPHS boys in Durban swam the HEART MILES – IN THE MIDMAR RACE last weekend to create awareness and collect funds for this Hospice. We are sure they had a lot of success.

Irene



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TOPIC of the Week duties and the dates for GoToMeeting are highlighted in larger print to ensure that members do not overlook them

TOPIC of the Week ROSTER

FEB 2017 to JUNE 2017

THIS IS YOUR REMINDER

Thank you to the following volunteers! **PLEASE NOTE YOUR DATE**

20th Feb – David Tilling

27th Feb – Jeff Watts

6th Mar – Suzanne Edmunds

13th Mar – Keith Kirton

20th Mar – Aadila Sabat

27th Mar – Ailsa Kaminski

3rd Apr – Pat Draper

10th Apr – Ockie Esterhuyse

17th Apr – Peter Brauteseth

24th Apr – Angie Mitchell

8th May – Monique Labat

15th May – Hans Hon

22nd May – Suzanne Edmunds

29th May – Nadja Fredericks

5th June – Steven Lancaster

12th June – Johan Krugel

19th June – Greg Cryer

26th June – Amanda van Rooyen

Please send your TOPIC of the Week to our Club Admin Director, Gerald Sieberhagen, by at least the THURSDAY preceding the date of your turn. It makes it easier if Rotarians send in their TOPIC of the Week well ahead of time.

**GoToMeeting
@ 19h00
TUESDAY**

**21st FEBRUARY – Ian Riseley – RI
President 2017-2018**

7TH MARCH

4TH APRIL

18TH APRIL

2ND MAY

16TH MAY

30TH MAY

13th JUNE

27th JUNE

During the week preceding the GTM, the login details REMINDER will be emailed to each member.

If you have any suggestions regarding a Guest Speaker please let me know – Gerald – Club Admin

DATES TO REMEMBER

BIRTHDAYS

FEBRUARY

19th – Linda Watts
22nd – Bill Robertson
26th – Sandy Brauteseth
27th – Sue Sieberhagen
27th – Gunnar Light

MARCH

5th – Jacques van Leeuwen
8th – Paul Hawkins
17th – Pat Draper
18th – Lynette Millard
25th – Ann Hargreaves
28th – Ailsa Kaminski

APRIL

1st – Arlene Arnold
14th – Alastair Stead
15th – Jerry Brown
22nd – Keith Kirton

ANNIVERSARIES

FEBRUARY

12th – EARLYACT CLUB of EKUTHULENI
PRIMARY SCHOOL
14th – Bob & Anita Kistnasamy
23rd – ROTARY INTERNATIONAL 112yrs

MARCH

2nd – Alastair & Alecia Stead
2nd – INTERACT CLUB OF EKUTHULENI
10th – Sharon & Bill Robertson
24th – Paul & Sandra Maistry
27th – Ockie & Jeanette Esterhuyse

APRIL

6th – Gerald & Sue Sieberhagen
8th – Pat & Beryl Draper
11th – Johan & Angela Krugel
27th – Keith & Rae Kirton
30th – Peter & Sandy Brauteseth

UPCOMING EVENTS

2017

23rd to 26th February – Council of southern Africa [COSA] meeting
at Mount Edgecombe Country Club

3rd to 5th March – POETS [Presidents, Officers Elect, Treasurers and
Secretaries] in Ladybrand

25th to 27th May – District Conference in Grahamstown
'Kindle a Spark'
Make an extra effort to attend

10th to 14th June – Rotary International Convention in Atlanta

4th July – Rotary E-Club of South Africa One Induction Dinner

11th to 16th September – Rotary Zone 20A Institute in Johannesburg

21st September – International Day of Peace

15th October – Global Handwashing Day

Please advise the Editor if there are any Upcoming Events that you would like us to
publish here

DAVID TILLING reporting from the UK

Today, 2nd Feb, I visited Westbourne Rotary Club, one of several in the Bournemouth - Poole area in the UK. It happens to be the nearest to where I now live when in the UK. They meet weekly for breakfast at 0730, reminiscent of Durban Umhlatuzana Club if I remember correctly whom I once had the pleasure to give a talk to years ago about the Steve Morris Literacy Project. It was held on the Durban Beach front at one of the life saving clubs and on a brilliantly warm and sunny day. In contrast to that, 0715 in Bournemouth was a) dark b) rainy and c) cold none of which are conditions suited to South Africans.

The Westbourne Club has about 15 members and almost as many Business 'friends' for want of a better term, one of whom was 'inducted' today and who turned out to be a neighbour!

Another surprise was to be greeted by a former resident of SA who came here in 1981 so I was made to feel at home instantly! Of course we discussed informally the prospects of braaing on the beach in the summer!

I didn't have a chance during the short meeting to discover more than a few things about the Club except that they have a connection to The Gambia via a sponsored Rotary Ambassadorial student from there who led them to support some Gambian school children and an interest in youth from local rehab centres who find themselves back on the street after completing their treatment since they frequently don't have the funds to get back home. I hope to learn more in due course.



The picture is of David Tilling and the Club President, Will Hume, exchanging banners except theirs was a pen with the club's name on it.

David says: Another project of theirs I picked upon leaving the dentist of all places was support for summer blooms to beautify the streets of the village of Westbourne as the picture taken outside the public library shows. Not many blooms yet.

David Tilling has attended the meetings of many Rotary Clubs since he left South Africa and I wonder how many of our newer members have attended a meeting of a 'terra' club. The thought occurs that perhaps we should 'raid' one of the Durban Clubs – what do our Durban members think?

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PROJECT DIGNITY – EKUTHULENI PRIMARY SCHOOL



These are some of the nearly 200 young girls who received SUBZ packs from our Club on 10th February. Our sincere thanks to our donors who were:
The Rotary Club of Liverpool Garston through a District Grant
The Rotary Club of Armidale Central, for their ongoing support of Project Dignity and funds from our Club.



PROJECT DIGNITY - continued



President Irene Kotze, three members of the EarlyAct Club of Ekuthuleni Primary School and the EarlyAct Facilitator, Nokuthula Mvubu at the SUBZ activation. Rotary was thanked for providing the means to ensure that the learners were able to attend school without missing days each month.

02/10/2017 13:20

President Irene Kotze gave a detailed talk and demonstration about the use of the SUBZ packs and invited questions from the young girls. Nokuthula Mvubu was able to assist with the proceedings which as usual were carried out in an orderly manner.

These young girls, who are at the beginning phase of menstruation, each received their packs. There is a further group of about 50 girls, being the new intake of grade 7 that will be handed their packs by Nokuthula this week.



PROJECT DIGNITY continued



Nokuthula Felicia Mvubu and President Irene Kotze handed each of the young girls their own SUBZ pack. President Irene stressed that it was their own personal pack and not meant to be shared by sisters or other members of the household. *On the left- Waiting patiently in their queues and in the photo below – Nokuthula coming to the end of the line while Pres Irene chats to the pupils.*



SPEAKER AT GTM 6TH FEB – ANNE DUNHAM

Introduction by Andrea Mellon, who is working as Anne's carer:

Anne Patricia Dunham, born in September 1948, is a British Para-equestrian who has competed in the Paralympic Games.

Anne grew up around horses and was running a yard of 80 horses at weekends at the age of 16. At 27, soon after her daughter Amber was born, she was mistakenly diagnosed with multiple sclerosis, and has used a wheelchair since the age of 30.

But it was only in 2011 that she was correctly diagnosed with dystonia, a neurological condition that causes uncontrollable, sometimes painful muscle spasms, and affects around 70,000 people in the UK. She also had a quintuple heart bypass operation in 2009.

Anne has competed in a total of five Paralympics games, Atlanta 1996, Sydney 2000, Athens 2004, Beijing 2008, and Rio 2016.

Anne has won 20 gold as well as countless silver and bronze medals at World, European and Paralympic level - most recently securing one Team Gold medal and Individual Silver medals at the 2016 Rio Paralympic Games.

Anne made her Paralympic debut in 1996 when the sport first joined the Paralympic programme. In 2009, she was honoured as a Member of the British Empire, for her services to Para-equestrian dressage. More recently, Anne has just been made an Officer of the British Empire and she is due to formally receive this Honour at Buckingham Palace on 7 March 2017.

Anne has happily agreed to share her story with us tonight, on living with disability.



Anne Dunham enthralled the GTM attendees with her inspirational talk which was sadly cut short by an internet malfunction but that was thankfully towards the end of her talk.

We were unfortunately not able to thank her personally or extend her our usual E-Club applause but President Irene has emailed her.

Anne Dunham - continued



Anne with her fellow Great Britain paralympians



Anne and the Gold Medal winning team members

Anne Dunham - continued



Anne Dunham is very proud of the article and cover photo of her star Partner!

EARLYACT CLUB OF EKUTHULENI PRIMARY SCHOOL

The EarlyAct Club of Ekuthuleni Primary School was chartered on 12th February 2013 which makes them 4 years old.

One of the things that have impressed President Irene Kotze and me when we have attended Rotary activities at Ekuthuleni Primary School has been the competent manner in which the EarlyActors, under the guidance of Nokuthula, have performed certain tasks.

This was once again the case when the SUBZ packs were handed over – The stand-in President welcomed us to the school and then the Four-Way Test was recited. At the end of the meeting the secretary thanked us for attending and for providing the girls with the SUBZ packs.

They are planning to do something on Global Handwashing Day on 15 October as well as on International Day of Peace on 21st September. We have undertaken to assist them.



When President Irene Kotze met with the EarlyAct Club towards the end of last year there was some discussion around some of the activities that the members could undertake.

One of the young boys suggested that they could wash the feet of the elderly folk to provide some relief for them.

Gerald remembered that he had a foot spa bath that was still in working order. It was no longer being used. It was duly handed over to the EarlyAct secretary, Lulwando Mawonga last week

During the visit to the school on Friday 10th February a large number of reading books as well as 20lt of paint was handed to the principal, Sambulo Khalala.

We have also now received a detailed report of how much paint is needed to get all the classrooms in shipshape condition.

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Never happens in D9370



This is the vehicle that a club provided for their DG for his tours around the District. Can you imagine this happening in D9370? How soon will the fuel budget run out? What about the roads in D9370? Below is the tree planted on the verge at Twilanga Retirement Village - a *DOMBEYA ROTUNDIFOLIA* or wild pear (code 471) which is a small deciduous indigenous tree growing to 4/6 metres. It has a white scented flower from July to September and will compliment the other indigenous trees nearby.



WASRAG NEWS

WASRAG E-Newsletter - January 2017



March 22, 2017 - World Water Day

Every year the United Nations observes World Water Day on March 22. The theme changes annually to put focus on a certain aspect of water. This year the emphasis is on Wastewater.

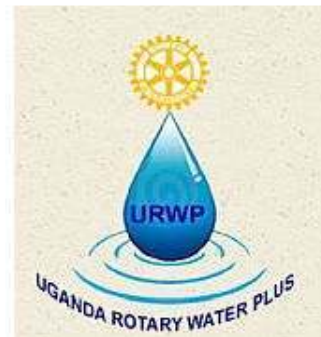


Use the resources at <http://www.worldwaterday.org/> to increase the awareness of the need for clean water and to manage wastewater more effectively.

Rotary WASH Summit in Uganda

On March 2 -4, 2017, in Kampala, Uganda, a WASH summit will be held exploring the possibilities of "Creating Opportunities for Sustainable WASH Service Delivery", within the frameworks of Rotary International and strategic partners.

More information on the Summit can be found at:
<http://www.urwp.org/summit.html>



The summit is organized by Uganda Rotary Water Plus (URWP), which coordinates the water, sanitation & hygiene efforts of the 78 Rotary clubs in Uganda.

BACK PAGE



College of "Planning"

*Someday us old folks
will use cursive writing
as a secret code.*



And now we are once again OUTA SPACE