

OUTA SPACE

NEWSLETTER

ROTARY E-CLUB OF SOUTH AFRICA ONE

www.rotaryclubsouthafrica.org

PBO 930039682



**Chartered on
23rd November 2010**

28 FEB 2021 - No 8



Rotary Opens Opportunities

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Good morning E-Club of South Africa One members and OUTA SPACE readers

For the past 20 years or so Rotary International's membership has hovered around the 1 200 000 mark. I often wonder why it has stopped growing.

During the past couple of weeks our members have been bombarded with countless emails that really should only have been sent to the President and Secretary of the Club. And the excuse/reason why every member receives these emails is 'because the President/Secretary does not pass the information on to the members'. I'm sorry I just don't buy that! And then about 25 years ago along came emails.

So the convenience or curse of electronic communication has made it so easy to just 'send to all who have an email address'! I sometimes wonder then, how Rotary International managed to grow to 1 200 000 members when there was just the postal system to communicate! Would the Districts still 'send to all' if there was a postage cost involved? I doubt it! Maybe we should start sending an account for the time we spend on unnecessary information gathering!

I notice that from the top the message is loud and clear – make sure Rotary is FUN. Yeah right! Lots of fun wading through all the Club Runner and other messages that get distributed and I have heard it said – don't bother to try and find out something by sending it on Club Runner because 'hardly anybody reads the messages anyway'. Hardly a surprise! Has all electronic stuff taken the FUN out of Rotary?

So time marches on and we are into March. Is it too late to make a New Year's wish? Maybe not! I will make a wish anyway. *I wish that email messages are sent only to the person who is expected to action or reply to the message.*

See also some interesting attachments to read or to ignore.

HAVE FUN, but take care and stay well

EDITOR – Gerald Sieberhagen

ROTARY'S MOTTO IS: Service Above Self



President's Perspective

Good Morning Fellow Rotarians

The theme for February used to be World Understanding, which, in my opinion, is more applicable and easier to conceptualize than the new theme of Peace and Conflict Prevention/ Resolution.

Conflict resolution can be interpreted as the method and process to facilitate the peaceful ending of any type of conflict.

In essence, there are many methods and procedures for addressing conflict including negotiation, mediation, mediation-arbitration, diplomacy, and creative peacebuilding.

Peacebuilding can be described as an activity that aims to resolve injustice in a nonviolent way and to develop constructive personal, group, and political

relationships across ethnic, religious, class, national, and racial boundaries.

It is commonly accepted that today, peacebuilding is most effective and sustainable when it relies upon the local conceptions of peace.

That is all very well, but where do we as Rotarians fit in?

Peace and Conflict Prevention/Resolution forms part of the Areas of Focus and is incorporated in the International Service Avenue. It says that in this area, Rotarians strive for the advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service. Rotary also offers the Peace Fellowship. Each year, Rotary funds some of the world's most dedicated and brightest leaders to study at Rotary Peace Centers. Through training, study, and practice, Rotary Peace Fellows become catalysts for peace and development. This section explains exactly and in great detail how to apply but the last sentence states that Active Rotary Members are not eligible for the Rotary Peace Fellowship.

Further investigation revealed that the African Rotary Community Mediation (ARCoM) project has partnered with MBBI (Mediators beyond borders) and Academics to provide a platform to establish a conflict prevention community mediation initiative which involves Rotarians and Non-Rotarians to deepen Rotary's peace building work within and between communities. It appears that our District has a Project Organizing Committee.

The question arises again, where do we as Rotarians fit in?

If you visit "My Rotary", the analysis of Peace and Conflict Resolution as part of the International Service deals with Global Grants, Vocational Training Teams and Friendship Exchange.

All these, of course, provide international exposure and broaden the international understanding and thus, establish a foundation of peace and service. Therefor would the theme of World Understanding month not be more appropriate??

The Rotary Fellowships are international associations of Rotarians who share a recreational or vocational interest. It is now also possible for non- Rotarians to join any fellowship.

Have a look at www.rotary.org/fellowships. This is another opportunity to expand upon your international network and to promote peace and understanding.

What are the local conceptions of peace and what can we do as Rotarians?

Excluding political aspirations, most communities share the desire of peaceful co-existence. Infrastructure plays an important role and water, sanitation and education are typical projects that we, as Rotarians, can initiate with our grant projects. This will also bring us closer to the communities we serve and provide us with a better understanding of their desires and expectations.

During these difficult and challenging times, another opportunity is to support a local career center or facilitate a series of workshops designed to help adults re-enter the workforce after experiencing trauma or tragedy in their personal and professional lives. We can simply assist with writing CVs for people applying for jobs or providing interview skills.

Would this not form part of our quest to promote peace and understanding?

Hans

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TOPIC of the Week duties

1st Mar – Arlene Arnold ✓
8th Mar – Khaya Mposula
15th Mar – Bevan Gibson-Taylor
29th Mar – Desiree Govender

5th Apr – Jean Singh
12th Apr – Angie Goody
19th Apr – Bob Kistnasamy
26th Apr – Linda Marsden-King

3rd May – Inga Mpepanduku
10th May – Richard Brooks
17th May – Peter Rentsch
24th May – Janet Rouillard
31st May – Tony Holness

Volunteers sought for these dates please
7th June –
14th June –
21st June –
28th June -

Thank you to all the members who send their TotW to the Club Admin Director at geraldandsue@mweb.co.za by the Thursday preceding their date.

Dates for GoToMeetings

GoToMeeting @ 19h00 TUESDAY

This schedule is for guidance only and is subject to change

2ND MAR – Speaker – Mike Kendrick – Wild Shots Outreach
16TH MAR – Speaker – Nick Evans – Snake Rescuer
23RD MAR – BOARD MEETING
30TH MAR – Club Business meeting – members only
13TH APR - Speakers – Leopold and Silke van Velden – Thuma Mina Teaching
27TH APR - Speaker – Johan Wilhelm of RETREAT TO EDEN
11TH MAY - Speaker – Dr Helena Nothnagel - Beacon of Care in Ballito
18TH MAY – BOARD MEETING – Combined with Incoming Board
25TH MAY – Club Business meeting – members only
8TH JUNE –
22ND JUNE -
29th JUNE – Year-end social gathering –
6th JUL - INDUCTION OF INCOMING CLUB PRESIDENT

During the week preceding the GTM, the login REMINDER will be emailed to each member.
If you have any suggestions for a Guest Speaker at one of our GTM Speaker dates, please let President Hans or Secretary Irene know.

DISTRICT 9370 – ZOOM TRAINING – SATURDAY MORNING 9am to 12pm

10th April – Public Image – Facebook, Instagram, Showcase, Electronic PI, Printed PI, Signage, Club Newsletters
15th May – My Rotary and ClubRunner, Showcase, E-learning, Zoom training
12th June – Club Admin-Club officers, committees, protocol, surveys, minutes, training, Rotary minute, agenda
10th July – Membership – membership types, meeting styles, Rotaract, diversity, inclusion, Zoom training
14th August – Foundation – grants and giving, areas of focus, grant application training
11th September – Youth – Part 1 & empowering girls
16th October – Youth – Part 2 – RYLA, Youth Exchange, Interact Conference
13th November – Rotary Day of Service
?? December – Membership activities – Fellowships, Action Groups, mentorships, networking, member fellowship
?? January – Engaging Rotary partners and non-Rotary organizations
?? February – Value of Rotary, Conferences, Discon, training and inter-club activities

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DATES TO DIARISE

2021

POETS (Presidents and Officers Elect Training Seminar)
ZOOM at 17h00 to 19h30/20h00 from 1st March to 5th March – Mandatory for Club President's-Elect. See programme sent to all members

Take note of changes:

**CENTENNIAL CELEBRATION OF FIRST ROTARY CLUB IN AFRICA,
The ROTARY CLUB OF JOHANNESBURG**

22nd to 26th April – House of Friendship VIRTUAL Projects Fair;
Clubs; Districts, Partners and Corporates

24th and 25th April - All Africa 2-day VIRTUAL Conference

In the meantime you may want to look up this link:

<https://rcjohannesburg.org.za/africa/>

21st to 23rd May

District 9370 Conference in Lesotho

Now, sadly, also virtual

6th to 10th June

ROTARY INTERNATIONAL CONVENTION ~~in TAIPEI—TAIWAN~~

WILL NOW BE VIRTUAL

Tuesday 6th July

INDUCTION OF INCOMING CLUB PRESIDENT

2022

4th to 8th June

ROTARY INTERNATIONAL CONVENTION in HOUSTON – TEXAS - USA

2027

5TH to 9th June

ROTARY INTERNATIONAL CONVENTION IN HONOLULU

BIRTHDAYS and ANNIVERSARIES

BIRTHDAYS

MAR

5th – Jacques van Leeuwen
17th – Pat Draper
18th – Lynette Millard
25th – Ann Hargreaves
28th – Ailsa Kaminski
28th – Murna van der Merwe
29th – Tony Holness

APR

1st – Arlene Arnold
22nd – Keith Kirton

MAY

5th – Diane Main
15th – Aadila Sabat-Sinclair
19th – Desiree Govender
23rd – Angie Goody
24th – Mike Bowley
26th – Andisha Maharaj
27th – Gerald Sieberhagen
28th – Inga Mpepanduku
28th – Piet J van Rensburg
31st – Andrea Borain

JUNE

2nd – Richard Brooks
12th – Janet Rouillard
13th – June Fannin
30th – Jean Singh



ANNIVERSARIES

MAR

10th – Sharon & Bill Robertson

APR

8th – Pat & Beryl Draper
8th – Mike & Dawn Bowley
11th – Johan & Angela Krugel
26th – Derek & Sue Kimber
27th – Keith & Rae Kirton

MAY

17th – Mike & Lynette Millard
19th – Richard & Sonia Brooks
25TH – Aadila & Brian Sabat-Sinclair

JUNE

1ST to 30th - none



Fun fact!

When someone annoys you, it takes 42 muscles to frown but it only takes 4 to reach out and SLAP them.

THE LITTLE TOE

Designed specifically to Geo-locate furniture in low light conditions.



A recent study has found that women who carry a little extra weight live longer than do the men who mention it.

ROTARY VOICES

Stories of service from around the world



Talking the talk, walking the walk on disease prevention

Posted on [February 11, 2021](#)



Ann Marie Kimball

By Ann Marie Kimball, MD, MPH, Member of the Rotary Club of Bainbridge Island; World Community Service chair; and member of the Rotary Foundation Cadre of Technical Advisers

Rotary is engaging vigorously in the fight against COVID-19. I am honored to serve on a new task force Rotary International has created, but it's also caused me to think about our role as Rotarians. How can we continue our progress toward polio eradication in the time of COVID-19?

Rotary embodies two fundamental concepts in Global Health Security:

- 1) **"Global to Local"** or "glocal" – a span of activities which reach from the highest level of global cooperation to the most local activities centered on individuals, families and communities.
- 2) **"All of Society"** – the call and response for pandemic preparedness and other global threats. Such threats impact the whole of society and the response consequently must involve all of society.

With our 1.2 million members and 35,000 clubs worldwide, we have a profound role to play to vanquish COVID-19 at home and abroad. The organization also has a huge stake in success. Polio eradication and childhood vaccination efforts are under threat. These signature programs have faltered in critical areas such as **Pakistan and Afghanistan** with childhood vaccination levels dropping in many other countries due to the pandemic. As Rotary and other partners worked with government to respond, the pause in vaccinations has ended and progress is once again underway. We have a dual charge: Assure the success of polio eradication and combat the deadly COVID-19 pandemic. The two are inextricably linked.

Global to Local (GLOCAL)

At the global level, polio eradication has orchestrated a broad partnership over decades to assure success worldwide. Polio cannot be eradicated until it is vanquished in all countries. Our partners in the **Global Polio Eradication Initiative** have worked together tirelessly to achieve this end. From surveillance to vaccine procurement to immunization campaigns, the program has built an infrastructure which is now central not only to polio but also to the pandemic response.

However, local response is as important in the fight against COVID-19. Our members and clubs are as central to success as they have been in fighting polio. The assets we bring to the table are powerful. **CONT on Page 7**

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Truth telling (The Four-Way Test)

In every club I have visited during my decades in Rotary, members recite **The Four-Way Test**. It's our common pledge. I have repeated it with fellow Rotarians from Singapore to Cuernavaca to Seattle. It's our tradition of honesty – Rotarians are known as truth tellers. We eschew politics and partisanship and instead seek the greater good in our community participation and our projects at home and abroad. This creates trust.

Science tells us that the kind of sensitive communication needed to assure public health messaging and vaccine acceptance is a dialogue among all parties. This is Rotary's traditional, apolitical "sweet spot," and this work will be crucial to assure we reach a level of handwashing, social distancing, and vaccination against COVID-19 to protect populations.

Professor Heidi J. Larson has been studying vaccine hesitancy since her own experience with UNICEF in Northern Nigeria in 2003 when vaccines for polio were refused because of rumours. In her recent book "Stuck: How Vaccine Rumours Start – and Why They Don't Go Away" she attributes rumours and their persistence to everyday people feeling left out of the important conversations about vaccine safety. Often scientists and other authorities do not find the common language to give straightforward information. They also need to listen. We need to do both: provide the best information in common language and listen carefully to respond in the most respectful, honest way to misinformation.

As a physician, I live this problem both in direct patient care and in talking about pandemics. Historically my profession has used Latin and highly complex vocabulary to describe illness and cures. It is only recently in medicine that patients and their doctors are seen as a "team."

This came home to me in 1983 when I found myself hospitalized in the 97th Army Hospital in Germany for pregnancy complications. After the doctors made their rounds on the ward, the enlisted women would crowd into our room (I shared it with an Army nurse) for a translation session. What did their doctor actually say? How could we put it into language that was comprehensible? I realized how far my profession had to go to honour the importance of creating communication and trust with our patients. While we have come a long way, truth telling and careful listening will continue to be critical in the fight against COVID-19.

Rotary walks the walk

Rotarians are also people of action. The old adage "actions speak louder than words" is true. I experienced this when I was leading national program support for PAHO. I visited one of our Central American member countries to plan their HIV/AIDS prevention program. AIDS was a profoundly feared disease – it was a mortal infection. A patient in the major hospital had been there for some weeks. The staff members there were afraid to touch him for fear of getting the disease. While I explained that HIV was not transmitted casually, it was not until I touched the patient, turning him and helping to make his bed that my message was believed. We need to walk the walk – not just talk the talk.

What is "our walk" with COVID-19? As vaccine campaigns roll out Rotarians are coming forth to volunteer. Members who are medics can help administer vaccine shots. There are many other jobs in setting up vaccination sites that clubs are stepping up for: reception, handling logistics and data, and doing patient observation.

At our club, the Rotary Club of Bainbridge Island, we found our city and county coordinators overwhelmed with inquiries and scheduling. We organized to assure reliability of volunteers, assist with clerical and administrative tasks, and to take the load off our city and county staff as much as possible. We are not alone. In **Rotary Showcase** are literally thousands of activities to combat the pandemic undertaken by our clubs across the world.

Modelling and promoting safe behaviours (masking, handwashing, and social distancing) continue to be critical. We need to practice as well as "preach" these practices. A number of clubs have provided handwashing stations or materials to make it easier for their communities to follow the guidelines. Getting vaccinated when it is our turn is as important as promoting vaccination for others.

Whole of Society

All pandemics are seen primarily as "health" events. While health experts have a key role to play, pandemic threats call for a whole of society response. All of our areas of focus for grants have implications for or are impacted by COVID-19.

Our membership is broad and inclusive. Virtually every sector of society is represented. Everyone has a contribution to make from making masks to logistics to advocating for equity in policy circles.

Rotary has a heart

As our organization rolls out its strategic plan over the coming months, we bring another important piece to the effort. The pandemic has taken many many lives and sickened many many people. Rotary club friendships help. We can bring comfort to one another, check on our older members regularly and help our younger members navigate joblessness, financial stress, and the intense demands of at home schooling and childcare. This could well be our most important contribution.

As we continue the fight to end polio, we are finding that global health security becomes important to assure our program resiliency. The strength and determination of our membership is likely to be the most important asset we bring to the fight.

Editor's Note: Share your efforts to promote COVID-19 vaccinations on **Rotary Showcase** and stop the spread of the disease.

Posted on [February 16, 2021](#)

Virtual tour of One Rotary Center shines



Vision Statement display and seating area in the west atrium on the 18th floor of Rotary International World Headquarters in Evanston, Illinois, USA.

By Bruce Baumberger, 2010-11 governor of District 6440 (northern Illinois, USA)

As one of the two Rotary clubs normally conducting club meetings at One Rotary Center in Evanston, Illinois, USA, members of the Rotary Club of Evanston Lighthouse were touched by General Secretary John Hewko's [inspirational tour of Rotary World Headquarters](#). Seeing Room 711, the location of the first Rotary meeting, was a reminder that club members later this year will once again walk by it on our way to club meetings, just as we did prior to the pandemic.



Stories of Impact display in the west atrium on the 18th floor.

The tour of the 17th and 18th floors of Rotary's World Headquarters showed us that the nerve center of Rotary International is ready to welcome Rotarians from around the world. The opportunity to see One Rotary Center virtually is a wonderful way to learn the value of an in-person tour (once conditions again allow it) for every Rotarian when they are in the Chicago area.

I recommend that every club [show the video](#) at their club meetings. It's a great way to remind members about the fantastic work that we do around the world. Members of both the Evanston Lighthouse club and the Rotary Club of Evanston are excited about returning to in person meetings at the right time and welcoming our Rotary friends from around the world.



DID YOU KNOW?

YOU CAN SURVIVE ENTIRELY ON A DIET OF POTATOES AND BUTTER, WHICH PROVIDE ALL THE NECESSARY NUTRIENTS THE HUMAN BODY NEEDS.

Fun Facts About Potatoes

Potato Facts: Origins of the Potato

The potato, from the perennial *Solanum tuberosum*, is the world's fourth largest food crop, following rice, wheat, and maize.

The Inca Indians in Peru were the first to cultivate potatoes around 8,000 BC to 5,000 B.C. In 1536 Spanish Conquistadors conquered Peru, discovered the flavours of the potato, and carried them to Europe.

Sir Walter Raleigh introduced potatoes to Ireland in 1589 on the 40,000 acres of land near Cork. It took nearly four decades for the potato to spread to the rest of Europe.

Eventually, agriculturalists in Europe found potatoes easier to grow and cultivate than other staple crops, such as wheat and oats. Most importantly, it became known that potatoes contained most of the vitamins needed for sustenance, and they could be provided to nearly 10 people for each acre of land cultivated.

BACK PAGE

Last week's puzzle – several replies and all correct! Well done! Answer -The coin in the 1st bucket. At 25°C water is liquid, while at 25°F it turns into ice.

This week's puzzle:

Grass mystery



In a field, there is a patch of magic grass, which doubles in quantity every day. If on day one it's one patch of grass, on day 2 there will be 2 patches and so on. It takes 10 days for the grass to cover the entire field.

Question: How long will it take for it to cover half of the field?

Celebratory dates in MARCH:

Wednesday 3rd - World Wildlife Day; **Monday 8th** - International Women's Day;
Monday 15th - World Consumer Rights Day; **Thursday 18th** - World Sleep Day;
Saturday 20th - International Day of Happiness; **Sunday 21st** - International Day of Forests;
Monday 22nd - World Water Day; **Wednesday 24th** - World Tuberculosis Day;

Celebratory dates in APRIL:

Thursday 1st - April Fool's Day; **Friday 2nd** - International Children's Book Day;
World Autism Awareness Day; **Wednesday 7th** - World Health Day;
Thursday 15th - Day of Silence; **Tuesday 18th** - International Day For Monuments and Sites;
Thursday 22nd - Earth Day; **Friday 23rd** - World Book Day; **Sunday 25th** - ANZAC Day.

Till next month – HAVE FUN

And now we are once again OUTA SPACE