



www.rotaryeclubsouthafrica.org

President Arlene's Letter



October 2023 Rotary

Foundation

The magnitude of our impact Barry Rassin, Foundation Trustee Chair

This month, as we celebrate The Rotary Foundation, let's recognise it for what it is: one of the world's best humanitarian organisations. Many charities, relief organisations and NPOs do the same type of work and the public associates them with the causes they work on. But I wonder how many people know that Rotary supports those same causes - seven of them in fact - which we call our areas of focus. If they want clean water, good health and a sustainable future for our planet, they support what our Foundation does. If they envision a world where peace, full literacy and economic opportunities for communities to support themselves exist, they also believe in Rotary's mission. And if they want to see mothers and their babies thrive, their vision aligns with the work we do."

We were very fortunate this month in having by Susanne Wilson Executive Director a speaker from 'Water to Thrive' ([Home - Nonprofit - Water To Thrive](#))

As you are probably all aware CLEAN WATER for all is one of our prime Rotary goals. Susanne together with Rotary Clubs and Rotary Foundation have worked together in many projects e.g., providing Wells, Hippo Rollers, Water Tanks, piping etc. We are hoping that in the future we will be able to work with Susanne to install even more sites where are people are able to collect water without having to walk many K's with Water Containers on their heads or children having to carry buckets filled with Water.

Above is a link to the site and below a link to the power point presentation Susanne treated us to. You can access it here -

<https://www.dropbox.com/scl/fi/q4c12az738s15xc378t73/Rotary-E-Club-of-South-Africa-One.pptx?rlkey=7cx9ekvk6l7kdayznwu66qsw&dl=0>

There are many other ways that we are able to say that we are truly following Rotary's area of focus in areas such as Literacy, Numeracy, and Economic Opportunities. We provide food for many of our people, we subscribe to planting Trees projects, and the list goes on. Please look at the list of projects that we are involved in, and I am quite sure that in the future, this list will expand.

Please join us to ensure that we can, in a however small way we can, empower all to thrive. Many thanks

Proud to be a Rotarian

Kind regards
 Arlene Arnold
 Club President 2023-2024
 Rotary E-Club of South Africa One
 District 9370
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davearlene39@gmail.com
www.rotaryeclubsa.org

Our Rotary E- club's Current Board members

- | | |
|---|---|
| 1. Arlene Arnold, Club President | E: davearlene39@gmail.com |
| 2. Bill Main, Director Web Administrator | E: bill@mainlinkit.com |
| 3. Linda Zama, Director | E: info@lindazamatrust.org.za |
| 4. Logie Naidoo, Director Projects | E: logie247@mweb.co.za |
| 5. Monique Labat, Club Treasurer | E: moniquelabat@gmail.com |
| 6. Patrick Draper, Director Global Grants | E: patdraper7@gmail.com |
| 7. Robert Senkubuge, Director | E: RTNRob@proton.me |
| 8. Tony Holness, Club Secretary | E: wizardhc@mweb.co.za |
| 9. Viktor Cytra, Director Rotary Foundation | E: vcytra@gmail.com |

COMPLETED & CURRENT PROJECTS

COMPLETED PROJECTS
GLOBAL GRANT – Supply and installation of machinery and equipment to provide fresh water to the Community in Taweni. Pat Draper
MALVERN MOTH HOME FOR THE AGED Generous donors provided funds to purchase nonperishable items and other necessities that the home needed after. It was partially destroyed by a candle that caused a fire at night during loadshedding. Susie Van Der Merwe & Logie Naidoo
TAWENI SENIOR WOMENS CLUB 6 Bales of Dyefin Yarn to continue their weaving initiatives. Afriweave Needles donated by Dr Indran Naidoo The women continue to surprise us with the craft they produce with their self-taught skills and ability to sell them to earn an income. Khaya Mposula
TAWENI CRECHE - Everest Sports Academy and Expats FC Johannesburg donated 12 boxes of Maqeu and 12 boxes of Biscuits for the young ones at the creche managed by Rotarian Khaya. Khaya Mposula
VULINDLEBE SCHOOL FOR AUTISM AND DEAF – 23 Saree Skirts were stitched & donated by The Tafta Sewing Ang Fabric donated by sponsors. The +- 50 Boys in the school received water bottles sponsored by Hon R Juggy Naidoo Biscuits and Maqeu were donated to the school by Expats FC Joburg & Everest Sports Academy. The Principal Ms Daphne is an inspiring and all encouraging leader with great passion for what she does.

Susie Van Der Merwe & Logie Naidoo

AFRIWEAVE @ SAPHINDA PRIMARY SCHOOL IN UMLAZI

Caroll Lazarus assisted by Rotarians and Friend of Rotary Selvie taught 10 students and 6 educators the art of weaving. The students were fast learners and were able to weave their first piece with ease. Thank you to Caroll who donated 20 Afriweave kits to the school.

Susie Van Der Merwe & Logie Naidoo

ELDERS VOICE – UMBILO – Sewing Angels of Tafta stitched colourful and beautiful curtains making the dining hall and entrance area a happy space. Saree fabric was donated by friends and family of the home.

Hon. Rotarian Juggy Naidoo donated cupboards and steel shelves to renovate the kitchen.

Juggy also sponsored the carpenters labour

The kitchen staff and residents are just thrilled with all the changes made to make the home a little more comfortable & safe.

3 x 25L of pickles were donated to the home – sponsored by the Seventh Day Adventist Church/Pinetown

Susie van Der Merwe & Logie Naidoo

CHOC -ALBERT LUTHULI HOSPITAL

We were privileged to have our regular donors Dr Indran Naidoo and his wife Renuka join us for the handover of Theatre gowns for the little ones and shorter gowns with pants for the older children.

The children were also very happy to receive activity packs from Dr Indran and Renuka Naidoo.

The fabric & haberdashery were bought with funds donated by from Dr Indran & Renuka Naidoo and our generous Rotarian from Canada. These gowns were carefully designed & stitched by Sally van Rooyen from TAFTA who is 80 years old - guided and assisted our very own Rotarian Susie.

The beautiful sets are stitched to facilitate the insertion and removal of tubes to the port with ease.

Susie Van Der Merwe, Pres Arlene & Logie Naidoo

ARBOR MONTH

20 Spekboom trees were donated by President Arlene and Rotarian Monique to ELET.

Rotarian Nareshini Ragunathan helped plant the trees at 8 school in Umlazi for an education drive on the Environment.

4 Spekboom trees, 1 Natal Mahogany and 1 Yellow Wood tree donated by Rotarians Tony Holness and Logie Naidoo were planted at the Drift Primary School

Monique Labat

CURRENT & ONGOING PROJECTS

GLOBAL GRANT – Project Dignity Subz Pads and Panties for Girls

Sponsor – Rotary Club of Liverpool Exchange Awaiting Funds

AFRIWEAVE

Masada – A centre for the challenged men & women from the Jewish Community

Phoenix Survival Centre for Abused Women

Sahara Women's Shelter

Phoenix Support Group for Women Impacted by HIV/Aids

Saphinda Primary School

ELET learners with Disability

Kwa Vulindlebe School for the Deaf & Autism

Logie Naidoo & Susie vd Merwe

UMKOMAAS DRIFT PRIMARY SCHOOL

The Rotary E-Club of SA One together with the Dillon Trust are involved in improving reading and literacy. Thanks to our kind donor – The Trustees of the George Ramalu Memorial Trust we were able to start this initiative to help a child to read. The school identified 10 children in Grade 3 who are struggling to understand phonics and cannot read in English or Isizulu to kickstart this initiative. They suggested we start with this group as the HOD has 48 children in this class and struggles to give these particular children individual attention. Tony and Logie consulted with retired professionals to help us with this programme co-ordinated by Iris Canham/Dillon Trust. We currently have 6 volunteers who offer their time on a Tuesday and Thursday. Our aim is to try and get these 10 children to at least form sentences and to read a grade one book if possible by the end of 2023. The team thereafter plans to start with Grade 1 children in the 2024 Year to get them to develop a love for reading.

Monique Labat, Tony Holness, Susie Van Der Merwe & Logie Naidoo

EKUTHULENI COMBINED SCHOOL READING & LITERACY

ELET will be involved in a reading a literacy programme for 48 Grade 6 Learners at the above school.

Nareshini Rangunathan & Logie Naidoo

LEARN ENGLISH CLUB FOR THE YOUTH IN DRC – REQUEST FOR DICTIONARIES

The above club is facilitated by Papy Kalaba Ontafia a graduate of the Steve Morris Literacy Project. He was a refugee who learnt English at Addington Primary School after school hours. He has now set this club in the Kambove, 30kms from Likasi City, north west of Lubumbashi.

100 Youth benefited from this initiative last year. The dictionaries are deposited at a Rotary Box at The Marsai Warehouse in Umbilo and will be collected and shipped by a Durban based

Pastor as arranged by Papy

Monique Labat & Logie Naidoo

CHOC ALBERT LUTHULI HOSPITAL

100 Activity Packs for Christmas for the children receiving treatment at the Paediatric Oncology Unit on regular basis

Susie van Der Merwe, Pres Arlene, Monique Labat, & Logie Naidoo, Chris Bell

Treasurer's Times – October 2023 by Monique Labat, Club Treasurer

Good morning, Rotarians and Friends of Rotary!

With the festive season fast approaching, our Rotary e-Club is once again sending out the subscription invoices with a 6-week advance notice.

Thank you to the 8 Rotarians who have paid for their subs right up to 30 June 2024! That's a great boost for our Club's finances, and we're very appreciative.

However, these are tough times, and we are thankful to each Rotarian as you contribute to this wonderful humanitarian organisation that is Rotary.

As per our Board meeting of Tuesday, 30 May 2023, the E-Club Rotarians agreed that we would have to raise our subs to accommodate two things:

1. The exchange rate between the rand and the US dollar
2. An increase in Rotary International's subs

Your Membership dues invoice covers the payments due to Rotary International, to our District 9370, our magazine Rotary Africa, The Rotary Foundation and our club expenses. For the six months, 1 Jan – 30 June 2024, the half-yearly subs payment is **R1,150.00**.

Banking details

Account name Rotary E-Club of South Africa One
Reference Your surname & Initial
Bank Standard Bank
Account number **053455258**
Branch Durban North
Branch code 04282600

Donate NOW button!

Thanks to Rotarian and Board member Robert Senkubuge, who has been actively promoting our Rotary E-Club's fundraising portfolio. Robert created a "Donate NOW" button on our Club's website <https://www.rotaryclubsa.org/> and on our social media pages.

You can even pay your subscriptions using the **Donate NOW button!**



Dearest fellow Rotarians, your E-Club needs your support, please encourage friends, family, pets, and others to come to visit our website and press the **red button** and donate to the club.

Please head to the link and show your love and appreciation for the **Donate NOW BUTTON**. Test drive it, **CLICK IT**, and drop your most generous contribution for **2023** to show your appreciation for this massive breakthrough for our club.

The **RED BUTTON** allows us to immediately and effortlessly donate. Thank you for your generosity. All funds raised will go towards our various club projects. **Click the link below or type it into your browser** and let your most generous donation go to work in building our club even further.
www.rotaryclubsa.org

For more information, please contact Monique Labat, Club Treasurer on mobile/WhatsApp: +27 (0) 82 924 6349 or email: moniquelabat@gmail.com

Words to Inspire



Something to make you Laugh 😊



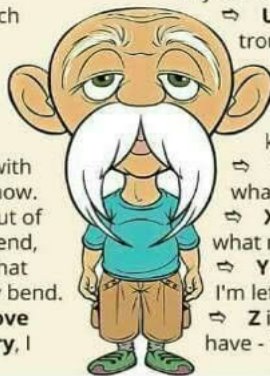
FUNNY BUT TRUE

Alphabet for seniors will make you laugh

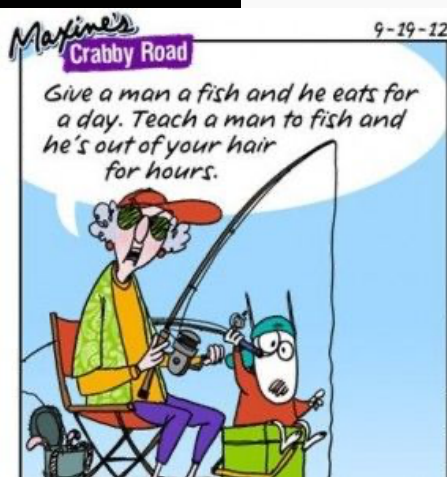
A is for apple and B is for boat, that used to be right but now it won't float! Age before beauty is what we say but let's be a bit more realistic instead
The alphabet for seniors:

- ⇒ **A's** for **arthritis**,
- ⇒ **B's** for **bad back**,
- ⇒ **C's** for **chest pains**, perhaps **cardiac**?
- ⇒ **D** is for **dental decay** and **decline**,
- ⇒ **E** is for **eyesight**, can't read that top line!
- ⇒ **F** is for **fissures** and **fluid retention**,
- ⇒ **G** is for **gas** which we'd rather not mention.
- ⇒ **H** is for **high blood pressure**;
- ⇒ **I** for **incisions** with scars you can show.
- ⇒ **J** is for **joints**, out of socket, won't mend,
- ⇒ **K** is for **knees** that crack when they bend.
- ⇒ **L's** for **lots of love**
- ⇒ **M** is for **memory**, I

- forget what comes next.
- ⇒ **N** is **neuralgia**, in **nerves** way down low;
- ⇒ **O** is for **osteo**, bones that don't grow!
- ⇒ **P's** for **prescriptions**, I have quite a few, just give me a **pill** and I'll be good as new!
- ⇒ **Q** is for **queasy**, is it fatal or flu?
- ⇒ **R** is for **reflux**, one meal turns to two.
- ⇒ **S** is for **sleepless nights**, counting my fears,
- ⇒ **T** is for **Tinnitus**, bells in my ears!
- ⇒ **U** is for **urinary**, troubles with flow,
- ⇒ **V** for **vertigo**, that's 'dizzy,' you know.
- ⇒ **W** for **worry**, now what's going 'round?
- ⇒ **X** is for **X ray** and what might be found.
- ⇒ **Y** for another **year** I'm left here behind,
- ⇒ **Z** is for **zest** I still have - in my mind!



If Women Ran the World



SOME REALLY CORNY Jokes

1. What did the horse say after it tripped?

Help! I've fallen, and I can't giddyup!

24. Why can't you hear a pterodactyl going to the bathroom?

Because the "P" is silent.

24. What do you call a well-balanced horse?

Stable.

24. What do you call an angry carrot?

A steamed veggie.

5. Where do polar bears keep their money?

In a snowbank.

6. How do you make an egg roll?

You push it!

7. What would bears be without bees?

Ears.

8. What do you call a pile of cats?

A meow-ntain.

9. Why do cows wear bells?

Because their horns don't work.

10. Why did the bicycle fall over?

Because it was two tired.

11. What did the triangle say to the circle?

You're pointless.

12. RIP, boiling water.

You will be mist.

13. Time flies like an arrow.

Fruit flies like a banana.

14. I ordered a chicken and an egg online.

I'll let you know what comes first.

15. Why was Cinderella so bad at soccer?

She kept running away from the ball!

16. What do lawyers wear to court?

Lawsuits.

17. What do elves learn in school?

The elf-abet.

18. Where was King David's temple located?

Beside his ear.

19. What did one toilet say to another?

You look flushed.

20. What lights up a soccer stadium?

A soccer match.

21. What does corn say when it gets a compliment?

Aw, shucks!

22. What's the difference between a poorly dressed man on a tricycle and a well-dressed man on a bicycle?

Attire.

23. What's red and bad for your teeth?

A brick.

24. What do sprinters eat before they race?

Nothing. They fast.