



FRIENDSHIP

Dear Fellow Rotarians

I would like to wish you all a happy 2022/2023 Rotary New Year. Wow July 2022 already, where has the past year gone and what a year it was. Sadly 2021 saw the loss of two of our staunch Rotary E-Club of South Africa One.

My dearest friend and mentor Gerald Sieberhagen who died as a result of COVID and Irene Kotze who felt that she could not remain in our club when her partner Gerald died. We have also seen other changes, Rotarians Richard Brooks and Elizabeth Cytra have also left the Club but remain as Honorary Members. We have had some other members leave our Rotary family for the most part because of family commitments, however they do remain as Friends of Rotary and we often see them joining us in meeting. We have had several new people inducted into the club and another due to be accepted into the fold at our next meeting. I would ask that you extend a hand of friendship to our new members and when you receive their details perhaps message, ring or email to welcome them to our club.

Your board as you will be aware has changed slightly, I am again President and we have a new member, Esmeralda Witbooi. Richard as previously mentioned has retired. This month Rotary International has not set a theme but as you will see in the header my theme is FRIENDSHIP.

Friendship is mentioned in our 4 -Way Test and many of us take it as a given, which set me thinking. How do I show friendship? How do I show I care? Could and should I do more?

These are just some of the thoughts on Friendship from some famous people: -

Wherever there is a human in need, there is an opportunity for kindness and to make a difference.

—Kevin Heath, CEO of More4kids

When we feel love and kindness toward others, it not only makes others feel loved and cared for, but it helps us also to develop inner happiness and peace.

— The 14th Dalai Lama (1935), Head Monk of The Gelugpa Lineage of Tibetan Buddhism

In life you can never be too kind or too fair; everyone you meet is carrying a heavy load. When you go through your day expressing kindness and courtesy to all you meet, you leave behind a feeling of warmth and good cheer, and you help alleviate the burdens everyone is struggling with.

— Brian Tracy (1944),

Many of us show kindness by our community work, many through ensuring that those working on the ground have the right tools for the wonderful humanitarian projects. When walking down a street or shopping, going for a meal, wherever you are try saying hello with a smile to a stranger. I have found that this simple act brightens people's day and more times than not they reply. Of course, there will be others who think I am mad, who knows?

Club President's Letter cont.

You will see further on in Drumbeat reports of just some of our projects. Would you please write to us and give us a synopsis of a project you may be involved in. I would also ask you to join us in our meetings, when load-shedding permits of course and perhaps read the 4-Way Test or tell us a little bit about yourself.

Until next time, thank you all for your hard work, the support you give to your fellow human beings and of course our wonderful club.

Yours very sincerely,

Arlene Arnold

Club President

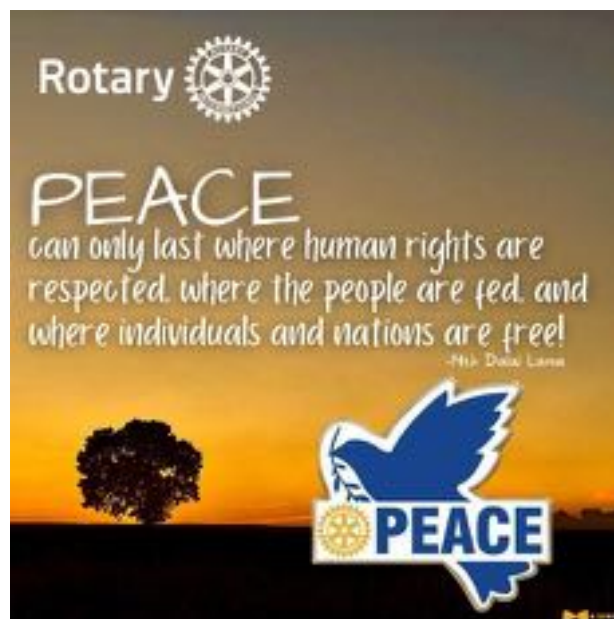
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Club Board Members:

1. Arlene Arnold, Club President
2. Bill Main, Director Web Administrator
3. Esmeralda Witbooi, Director Public Image
4. Logie Naidoo, Director Projects
5. Monique Labat, Club Secretary
6. Patrick Draper, Director Global Grants
7. Tony Holness, Club Treasurer
8. Viktor Cytra, Director Rotary Foundation

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The Four-Way Test

The Four-Way Test is a nonpartisan and non-sectarian ethical guide for people to use for their personal and professional relationships. The test has been translated into more than 100 languages, and Rotary club members recite it at club meetings.

Of the things we think, say or do

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

Rotary International President Jennifer Jones' Theme 2022/23



Chicago's Daily Herald writes that "Jennifer Jones, member of the Rotary Club of Windsor-Roseland, Ontario, Canada, will be the first woman to take office as Rotary International President in the Evanston-based service organization's 117-year existence on 1 July 2022.

During her one-year term, Jones will focus on building new relationships and establishing collaborations with organizations that share Rotary's commitment to driving impact through humanitarian service and to developing leaders around the globe. She has also made Rotary's commitment to diversity, equity, and inclusion a key part of her presidential platform.

"Diversity has long been one of our core values and continues to serve as a foundation for how we interact with each other and our communities," said Jones. "I know that my experiences and perspective as a woman mean that I bring a different lens to how I see and approach opportunities and challenges for our organization. I hope to be a catalyst for similar opportunities for leaders from all backgrounds that comprise the global mosaic of our organization. We are stronger, more creative, and more effective when we ask for and leverage those diverse perspectives to tackle the world's most pressing challenges."

As a professional communicator with more than 30 years of experience, Jones will also use her vocational strength as a storyteller to shine a light on the positive and lasting impact Rotary clubs are making to improve lives and strengthen communities across the globe.

"This year, we are going to bring Rotary service projects centre stage around the world. We will put a special focus on visible, high impact acts of service across our areas of focus, drawing attention to the incredible work that Rotary members are doing," said Jones.

Jones officially takes office as Rotary International President on July 1, 2022, in Ottawa, Canada, at the midpoint of her cross-country tour. Dubbed Imagine Rotary Canada, Jones is traveling coast-to-coast, stopping at twelve hubs along the way to meet with local officials and participate in projects that address pressing issues including food insecurity, plastic & litter in waterways, & the safety of seasonal guest workers.

Jones will also mark her year as president by touring model examples of Rotary's impact in action. Throughout the year she will connect with Rotary members and clubs spanning the globe to explore and share learnings from Rotary projects, with a focus that includes:

The vital role women health workers in the efforts to end polio in Pakistan; a day in the life of a community health worker helping to reduce malaria in Zambia; the efforts of 600 Rotary clubs to improve education for underserved students in Guatemala; a former refugee who is now a Rotary Peace Fellow at the Rotary Peace at Makerere University, in Uganda; health workers reaching children with live-saving vaccines in remote islands in the South Pacific; and Rotary's efforts to bring clean water, sanitation, and hygiene to all of Haiti.

As RI president, Jennifer Jones will oversee Rotary's top goal of eradicating polio.

"When we harness our connections, deepen our relationships, and create new partnerships -- our collective efforts can change lives for generations," said Jones. "There is no better proof point of our impact than our effort to eradicate polio."

Alongside its Global Polio Eradication Initiative partners, Rotary has achieved a 99.9 percent reduction in polio cases, and contributed U.S. \$2.4 billion to protect more than 3 billion children from this paralyzing disease.

Nearly 19.4 million people are walking today who otherwise would have been paralyzed by this vaccine-preventable disease, and 1.5 million people are alive who otherwise would have died. With the infrastructure Rotary helped create to end polio, a lasting global health legacy is now being used to protect millions of people from other diseases -- including Ebola, malaria, and COVID-19."

ROTARY INTERNATIONAL CONVENTION 2023

Why not plan ahead and attend the next ROTARY INTERNATIONAL CONVENTION
From 27 – 31 May 2023 which takes place in Melbourne.

Did you know that Australia is home to our Director Web Administrator Rotarian Bill Main?

Our E-Club Rotarians reside in: Australia, Canada, Germany, South Africa and the United Kingdom. **Have you thought of asking someone to join Rotary today?** For more information please contact Club President Arlene Arnold on email: davearlene39@gmail.com

**Wishing our E-Club Rotarians and Honorary Rotarians
Happy Birthday and Happy Anniversary!**

Birthdays:

Sambulo Khalala	2 July
Francesco Petruccione	6 July
Suresh Setty	20 July
Monique Labat	27 July

Anniversaries:

Monique Labat and Francesco Petruccione	11 July
Murna and Brian van der Merwe	14 July
Janet and Mark Rouillard	14 July
Logie and Terry Naidoo	4 Aug
Sambulo and Siza Khalala	18 Aug
Nareshini and Rajen Ranganthan	29 Aug

New Members - the lifeblood of Rotary!

Club President Arlene Arnold inducted 3 Rotarians in June just before the start of our new Rotary year! Please meet Linda Zama, Susanne van der Merwe and Paul Mitchell. Wishing Linda, Susanne and Paul a happy and productive time in Rotary as you participate in Service above Self.



From left to right: Linda Zama, Susanne van der Merwe and Paul Mitchell

Linda Zama Bio

The Foundation journey, if I may call it a journey started after reading a book titled 'What They Don't Teach you at Harvard Business School' by Mark McComack in 2000. As a lawyer who had spent most of her time handling Human Rights cases and facing an injustice that was systemic, I dreamt of having a vehicle that would reflect or be consistent with my values. I wanted to leave something that would guide those who remain to remember me in what would be my legacy by sharing my Estate. Looking back, this was a naïve view of life because I do not have a pile of cash in the bank. I simply have a name I call my currency.

The realistic view is that The Linda Zama Trust was established to be an extension of service to those I come into contact with. It was established to form partnerships with the like-minded people and organisations who want to share what they have be it their time, ideas and of course material success with those in need and marginalised. The Trust lay dormant and did not fly until in 2009 when I returned from a sojourn in Tanzania and found my father battling stage 4 cancer.

My late father had spent 20 years of his retirement from the Department of Education working in communities mainly in the South Coast of Durban, establishing what was then called crèches now Early Childhood Development Centres (ECDs). He realised that children needed to be brought up in a manner that would make them self-respecting and confident human beings. He saw a gap in the first 5 years of a child's development. His first flagship crèche is called KHULISA PRE-PRIMARY SCHOOL. Today, Khulisa has 168 children. It is registered to take care of Day 0-5 children. **Welcome to our Rotary E-Club Linda!**

New Members - the lifeblood of Rotary!

Susanne van der Merwe Bio

Susanne joined our Rotary E-Club of South Africa One from the Rotary Club of Umhlanga where she has been involved in many Rotary Programmes including Youth Exchange Officer from 2017 to the present. Susanne was also responsible for three of Rotary Club of Umhlanga's six Interact Clubs, namely Crawford College La Lucia, Our Lady of Fatima and Danville Girls High Interact Club.

Susanne's other passion is to work with the elderly and enjoys working with TAFTA John Conradie House's sewing and knitting club. Over time, Susanne has packaged what she calls "B/B/B combo's" (beanie/bootie/blanket) which are collected from her house by the Robin Hood Foundation a few times a year.

Another project is the creation of Sensory/Memory Boards for the Alzheimer's/Dementia patients which Susanne personally enjoys making as it is such a simple way to assist with both memory and tactile stimulation of these very forgotten elderly folk.

Susanne especially enjoys the loving, giving energy of the Interactors in three schools in Tongaat and Verulam, just north of Durban. Susanne is a committed Rotarian and is so grateful for the opportunity to belong to a world-wide group of like-minded, compassionate and hardworking people. **Welcome to our Rotary E-Club Susanne!**

Paul Mitchell Bio

Newly inducted Rotarian, Paul Mitchell was born in Durban and educated at Jeppe High School for Boys, Johannesburg, Paul's career began in the corporate arena in senior positions before he started his own business.

Paul returned to financial services when he joined one of the world's largest independent advisory firms in Durban giving him the opportunity to hone his skills in an industry he's passionate about. Having spent over 24 years in senior and director positions, Paul has been fortunate to work with people at all levels from Chief Executive Officers to Government Officials.

Committed to the financial wellbeing of his clients, Paul makes sure he provides every client with the best possible options for their individual needs. As Director and Regional Head: KwaZulu-Natal and a solid background in business management Paul is well placed to meet both Carrick and its clients' expectations.

Paul is a qualified PADI dive instructor and an avid league squash player. Amongst other accomplishments, he's completed an in-service chef apprenticeship, which has not only served him well in the restaurant industry but also with his wife and three teenage children. **Welcome to our Rotary E-Club Paul!**

Cathy's Corner



Going back to the CAC (assessment centre) – I remembered this organisation as a desperate ‘last’ measure when my son Ross was about nine years old. We were living in Mkuze, Zululand and he and his sister attended a small bilingual multiclass school. For two years Ross struggled to read, not understanding the simplest of words but could read or write the most difficult ones like elephant and monkey. The teacher said he copied from classmates, and was a bit lazy but could read, write and do arithmetic. I did not agree. The school psychologist said he was outright lazy, but if we were insistent Ross could attend a school for children with disabilities.

To say I was upset is an understatement. As far as I knew his only problem was that he couldn’t read and he certainly wasn’t lazy. Back in the day, you didn’t have a multitude of specially trained people to assist you or your child.

I was given a book to read by my New Zealand sister-in-law about dyslexia and while reading it and acknowledging that this is what I thought my son had, I had to convince the teachers and education department that Ross was a normal healthy child with dyslexia. After little success, I had what is called a ‘light bulb’ moment and the thought came to me that I had been to a place in Durban with the Rotaract Club and done some community work there.

We didn’t have cell phones, the internet or Google back then and personal computers had only just been introduced. The next best thing to do was to find a Durban telephone directory and page through it until I found the number.

Our telephone of choice in Mkuze was a ‘nommer asseblief?’ A shared party line with a phone with a handle that you turned so many times to wake up the telephonist down at the Telkom office. After a ‘Ja...?’ I gave the number and eventually got through to the assessment centre.

By this time, I was a bag of nerves. When the lady answered the phone and I blurted out my son’s predicament and how I remembered having done some work there with Rotaract and was I speaking to the right person, I was quickly reassured.

I remember the lady telling me that not only had I come to the right place but that I was not an overanxious crazy mother with a lazy son and she was sure that the assessment centre would give us the answers.

We went down to Durban, Ross was assessed and after that, it was a question of finding a remedial teacher (a twice-a-week drive to Hluhluwe from Mkuze with an hour session each time) before my husband was able to persuade his bosses to move us to a town with an English speaking school that did remedial classes. About six months later we moved to Bloemfontein and it was the start of five years of extra remedial classes, four schools later and nearly the whole of high school before everything clicked and Ross passed his Matric.

The moral of this long story is that Interact, Rotaract and Rotary impact lives from one generation to the next through little acts of kindness.

THANK YOU TO OUR GENEROUS DONORS!

Thank you to Club Projects Director Logie Naidoo's generous donors who have donated funds totalling R9,000 from two family friends, R2,000 from Naicker family and R7,000 from Mr Aaron Gounden who has donated previously to all our projects. Logie is purchasing maize meal porridge with these funds to assist 4 primary schools including the crèche which Rotarian Khaya Mposula runs in Taweni, the Eastern Cape, the school for the deaf, and the Early Childhood Development Centres (ECDC) of Rotarian Linda Zama including Iris Canham's ECDC's.

Sincere thanks Logie to you and your donors for these very generous donations which will make a huge difference in the lives of the little ones!

Newly inducted Rotarian Linda Zama through her Foundation delivered two wheelchairs to the family of these two lovely children with disabilities who are neither able to speak nor walk. Thank you Linda for making a difference in the children's lives!



Youth month in South Africa and Rotarian Linda Zama hosted a Youth Programme on Mental Health for Peace.

Rotary Projects – Feeding Scheme and Growing for the Community

Projects Director, Logie Naidoo has been assisting Mr Gcina from Igugu Labantu community where our Rotary E-Club held a Christmas project thanks to donors' generosity prior to COVID.

Gcina is growing vegetables to provide for the children's lunch. Logie is arranging 10 large bags of maize meal porridge to help with the children's breakfast during the July school holidays. Gcina has approximately 50 children who come to Igugu Labantu in the south of Durban at KwaMakhuta township. Thank you Logie to you and the generous donors!



Rotary Weave your Magic with Afriweave!

Our Afriweave project continues to great effect! Children and Gogos (grandmothers in IsiZulu) are benefitting enormously from the Afriweave project. We have partnered with founder and creator Carroll Lazarus of Afriweave www.afriweave.com to offer weaving fun to children, grandmothers and educators alike. Click on the video taken at Books and Books owned by Janine O'Connor www.booksandbooks.co.za supporter of our education and literacy projects: <https://www.youtube.com/watch?v=Rp8D3Ib44rw>

Thokazane Nxasane, one of the teachers from our Afriweave training, busy with her Somelulwazi crèche children in Umgababa today. Absolutely heart-warming❤️. Umgababa is situated 45 kms south of Durban in KwaZulu-Natal province on the east coast of South Africa.



This woven mat on the right has just been completed by the caregivers and little ones of Somelulwazi Crèche in Umgababa!

Care to support the littlest people with much needed maize meal porridge after they have suffered so much due to the devastating floods in KwaZulu-Natal? Your donation no matter how small or large will make a big difference in a child's life! Please donate into our Rotary E-Club's bank account:

Account name: Rotary E Club of South Africa One
Bank: Standard Bank
Acc no: 043 671 756
Branch code: 042 826
Branch name: Durban North
SWIFT code: SBZAJJ
Ref: Your surname and KZN Floods

Kindly email proof of payment to: Tony Holness, our Club Treasurer on wizardhc@mweb.co.za

Social Media Links

Find us online on our Club's website managed by Web Administrator Director Bill Main, and on Facebook and Instagram.

Please give our social media posts a ❤️

You'll be helping to drive more traffic to our Rotary E-Club's social pages to promote the volunteer work which Rotarians undertake!

Our Club's website:

www.rotaryclubsusa.org

Our Club's Facebook page:

<https://www.facebook.com/RotaryclubSAone>

Our Club's Instagram account:

<https://www.instagram.com/rotaryclubsusaone/>

DRUMBEAT AUGUST 2022 ISSUE

Hello Rotarians, Honorary Rotarians and Friends of Rotary!

Do you have Rotary related content and photos you would like to see published in the next edition of Drumbeat? Deadline for our August 2022 issue is Friday 5 August 2022. Please submit your photos in High Res, minimum 1MB with captions including name and surname of your photo subjects to Monique Labat on E: moniquelabat@gmail.com

We look forward to your submissions!