



www.rotaryclubsa.org

President Arlene's Letter



Membership & New Club Development

Dear Friends,

August has been a very exciting month so far. To follow, you will read (and I am sure the first of many reports to come) about one of our members PDG Greg Cryer and Honourary Members PDG Richard Brooks starting a satellite club (sponsored by our Club) at Widenham Retirement Village (WRV) where they both live. I would like to wish them all the best for the future and I am certain with their Rotary experience that they will go from strength to strength.

May I take this opportunity to ask you all to please send in quarterly reports on your projects. It is very difficult for our Project Director Logie to give accurate updates if she is not advised of your incredible efforts.

A question for you all ARE YOU A RINO (a Rotarian in name only)?

How would we know if we do not see you at meetings. Whilst we all have a personal life and many commitments; may I remind you that you also have a commitment to Rotary and therefore to your Club.



We would love to meet with you all. If you find our meetings boring, not to your taste, then please tell us.

We only meet twice monthly for an hour at a time and I am reliably informed that Eskom will not be running routine outages for the foreseeable future. Please join us and make your views heard.

I would like to lighten the mood a bit by thanking all those responsible for implementing such an incredible list of projects. 15 at any one time, is quite a feat for our team.

Thank you so very much to all of you involved in providing so much happiness to so many. We will see in the following pages, details from just some of our ongoing work and I am quite sure that you will all agree.

This month we have DG Raj Ramchunder meeting us for the first time. I am very excited to hear what he has to say and would love to hear your feedback.

Yours in Rotary,

Arlene Arnold

Club President 2023-2024
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To be honest, Ed's not entirely sure whether President Arlene and PDG Greg had planned to actually start the satellite club in the official Membership & New Club Development month of August, but fortuitous it certainly was 😊 Read more below.....



At the first official meeting of the newly established Rotary Club at WRV near the peaceful coastal village of Umkomaas, President Greg Cryer, together with visiting Rotarian Charlie Panday, proudly donated a wheelchair to the Chair of the local hospice Mr Neil McDonald. The club has a second chair available for donation.

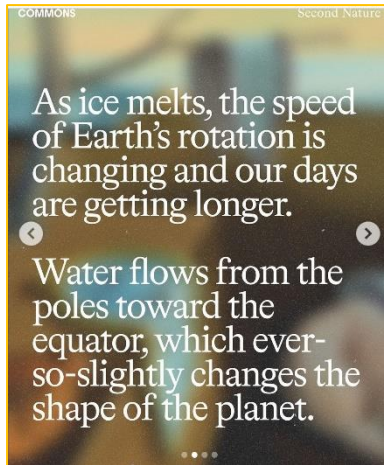
Should anyone know of someone in need of a brand-new wheelchair

please contact Greg @ Cottage 505 or cell 082 606 0296.

The E-Club welcomes all 11 inaugural members.



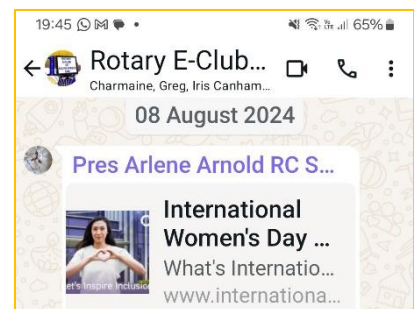
The Satellite Club meets twice a month at the Community Centre & we encourage others living at WRV to join in the local Rotary community.



Friday the 9th of August celebrated women all over the world with International Women's Day.

Our E-Club has made a very special effort this whole month – right up until the very last day of August - to educate, highlight the issue of GBV and provide guidance and assistance for the women in the communities in which we work.

Firstly, some joyful faces to show you all 😊....



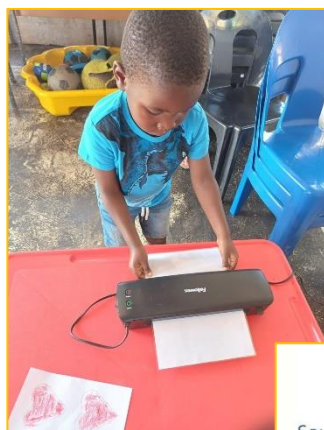
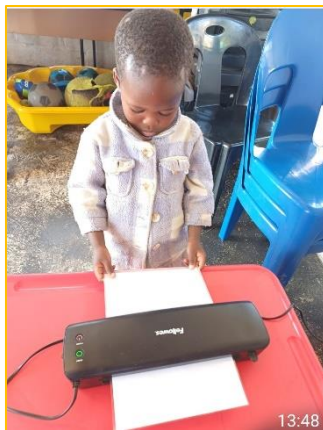
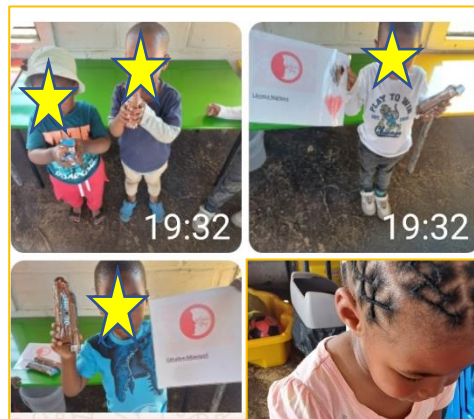
Rotarian Khaya sent these cute pics from the Bright Stars Pre-school in her deep rural Taweni community. All the children made sweet cards for their Moms and Grannies for Women's Day. They all had fun colouring in and then learning how to use the laminator to laminate their cards.



A note of gratitude (yet again....) to Terry Naidoo and all his Expat mates in Johannesburg for supplying the pre-school with biscuits, mageu and noodles. Their steadfast support of everything our E-Club is involved in, is so greatly appreciated.

Thank You!

Have a look at the cute pics below of our administrative officers in the making....



Next up, were the WEAVING STRENGTH to stop GBV Workshops that were envisioned and so professionally carried out, by Rotarian Iris, Projects Director Logie and our long-standing Friends of Rotary, Carroll Lazarus of Afriweave & Selvie Gounden.

The first informative and inspiring talk and creative Workshop – aimed at the women in the community – took place on Saturday 24th August at the Craigieburn Creche/Training Centre in the Umkomaas area south of

Rotary
 E-Club of
 South Africa One

Stop GBV WORKSHOP
Weaving Strength

Please join us for an inspiring talk, information and knowledge sharing and a very creative workshop (learn to weave) There is strength in unity!

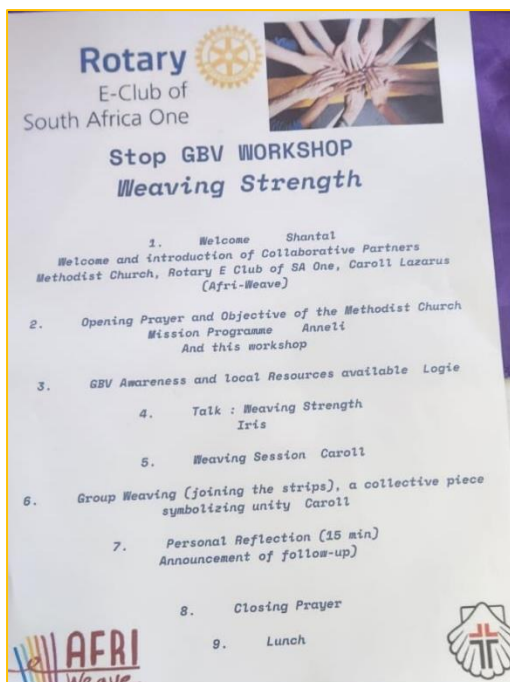
WEAVING WITH CAROLL LAZARUS FROM AFRIWEAVE
 CRAIGIEBURN CRECHE
 39 JACARANDA AVENUE CRAIGIEBURN UMKOMAAS
 AUGUST 24, 2024 at 09:00 TO 13:00
 RSVP : IRIS CANHAM

Durban. Approx. 22 women attended the talk, after which Carol, assisted by friends Connie and Colleen, taught them the magic of Afriweave with yarn donated by our ever-supportive Dyefin friends.



The second workshop in the same Craigeburn community was held 1 week later, on the 30th August.

This time, the workshop was aimed at community members and ECD practitioners, to teach them how to recognize the early warning signs in children showing distress as a result of abuse or GBV.



Teaching the community members and ECD teachers a skill such as weaving, assists in creating closer networks that will help to safeguard children, build stronger communities and encourage economic development that has been stripped away by social ills such as GBV, unemployment and poverty.





Logie tells us that one of the participants, Busi, has committed to starting a weaving club that helps safeguard children between the ages of 10 and 15 years.....and she has already started with her sweet 10 year old daughter. 💜



We hear from Iris that 15 Afriweave kits have been donated specifically to Busi, so that she can start working ASAP with the girls. Iris will be training her and will share information on Protective Behaviour to aid group discussion with the girls while they are a-weaving.



Also on Saturday 24th August, Logie and Carroll drove through to the Phoenix Survival Centre in Stonebridge, Phoenix – this time north of Durban. That was a lot of driving in one day for our Rotarians and friends 😊



TEARS Poster @ The Phoenix Survival Centre in Stonebridge Phoenix. Caroline heads the centre for abused and abandoned women.

The E-Club made special, easy to read, 1 page educational posters with information on “What is Domestic Violence?” and the TEARS Foundation/Namola helpline number to call.

One of these posters was placed in a very visible spot at the Phoenix Survival Centre.

A group of ladies, some of whom had participated in previous Afriweave sessions before, received bold & bright red and yellow Dyefin yarn to start their Afriweave healing magic. Take a look at some of the pics.....



'Go into the arts. I'm not kidding. The arts are not a way to make a living. They are a very human way of making life more bearable. Practicing an art, no matter how well or badly, is a way to make your soul grow, for heavens' sake. Sing in the shower. Dance to the radio. Write a poem, even a lousy poem. Do it as well as you can. You will get enormous reward. You will have created something.'
- Kurt Vonnegat

And now for some advertising on behalf of other Rotary Clubs....friendly connections, connections, connections,



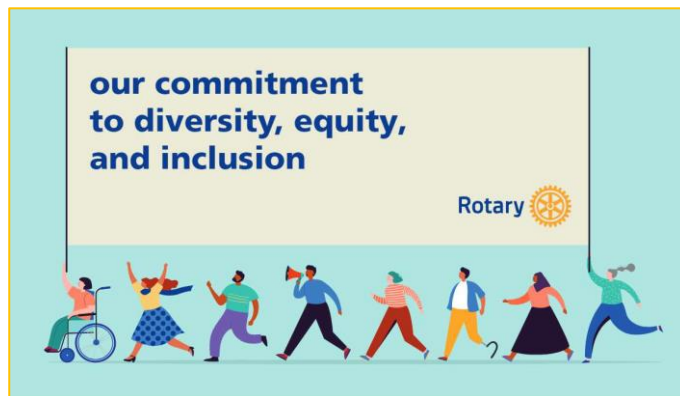
Events at the Barnyard are always well attended and are such a wonderful way to spend an evening amongst other Rotarians....and always for such a good cause. For those that are local, please support the Rotary Club of High Noon in their fundraising event in October this year 😊.



Then there is another fundraiser....this time for the Rotary End Polio Campaign....held by the Rotary Club of Durban Clairwood Park.

For those of you who can get up to Zimbali on the north coast, and who haven't yet tried the interesting & fun game of padel, come pay and play....and know that you are supporting Rotary's aim to eradicate the polio virus from the world.

*** **NEWS:** *On the 19th August, we received an email from the District Polio Chair, Maddy Webber, to inform us of the decision to no long produce the Polio Warrior newsletter. In its place, a concise one page polio update will instead be sent out to all Clubs in the District via the Club Support Services news***.*



On Rotary Internationals DEI – Diversity, Equity and Inclusion – front, we have pleasure in announcing that Rotarian Clive Smedmor is our E-Clubs DEI Officer.

Clive has already got cracking with submitting the results of the DEI survey that we had to do for our Club. Thank you Clive for your speedy action on this.

Thank you!



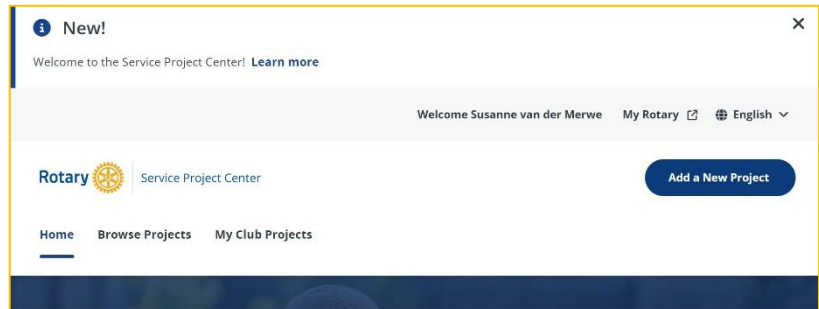
EXTRA, EXTRA....READ ALL ABOUT IT !!!

Continuing with more Rotary updates, RI has made it mandatory to upload all Club projects on its updated, newly named “Service Project Centre” on the myrotary.org website . This was previously called the “Rotary Showcase” and according to the info we

received on this, it has been designed to be “faster, more streamlined and has better tools and functionality” to help us manage our projects.

We’ll be having a look at how to do this and once we’re better “educated” on how it works, we’ll let everyone know whether we managed alright 😊. In theory, this really is a fabulous way for all Clubs around the world to connect with each other, potentially assisting with fundraising or manpower (which our E-Club, being spread across the Earth, is in much need of....) for successful completion of projects and hence making a true difference in the communities we all assist around the world.

This is what the Service Project Centre webpage looks like on the myrotary.org site when you log on.



Further celebration of women who have made a tremendous difference in our world....both locally and internationally.....

Firstly we have our very own Rotarian Iris Canham.

An article was written in Iris’ local newspaper and published on the 6th August, a few days before Womens Day.



Your Ed likes the wording that the Rising Sun Community Newspaper used with the article about Iris and other inspiring women in their community:



“Women who inspire inclusion don’t just advocate for themselves, they advocate for others as well. They mentor, support and empower other women, creating a ripple effect of positive change”.

Secondly, although this is sad news to share with you all, it is with honour, respect & love that we mention a truly compassionate humanitarian who deserves to be remembered not only on Womens Day, but for all time.



On the 27th August, President Arlene received an email to inform us of the sudden passing of Candy Pierce.

Members, if you recall, Candy presented to our Club last year on the amazing LN4 Hand Project – a project that provides, free of charge and free postage to anywhere in the world, very simple prosthetic hands to those that need them. Candy was one of the LN4 Hand Projects longest serving champions and board members and a distinguished Rotarian having served as a PDG for northern California.

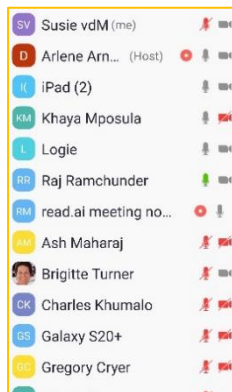
Candy, your open & friendly energy will be sorely missed throughout the world.





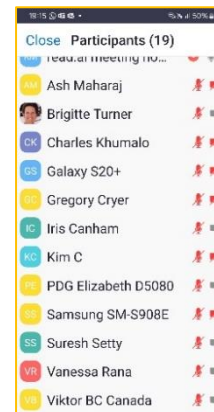
Welcome
 Apologies:
 1. 4 WAY TEST
 2. International Toast
 3. DG Raj address to club members
 4. Q&A
 5. Close
 Kind regards
 Arlene Arnold
 Club President 2023-2024
 Rotary E-Club of South Africa One

Last Tuesday 27th August, it was our E-Clubs turn to e-meet our new DG, Raj Ramchunder.



We had a record turn-out with 19 participants online, including our outgoing and incoming long-term YEP students, Josh and Enrico, and Enrico’s Host Mom & Dad as well.

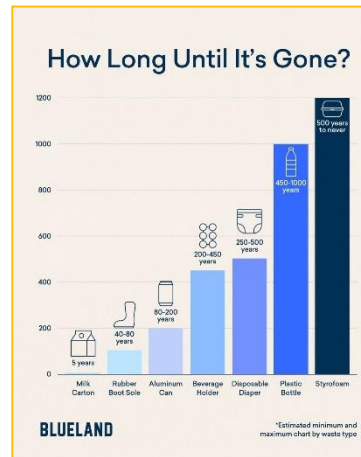
It proved to be a very successful meeting and everyone enjoyed the experience. Please read Raj’s letter of thanks below....



DG



Just some food for thought...



BIRTHDAYS COMING UP IN SEPTEMBER 2024



Yet again.....we only celebrate one birthday this month. Happy birthday in advance Charmaine.



Charmaine Govender 30th September



Enrico has settled in well over this past month....and has even started playing Sevens Rugby at his school – Westville Boys High School. He tells us he really is loving being at school, making friends and doing all sorts of things with his Host parents, Jodie and Clint.

It was truly a pleasure to finally e-meet Josh Marlin, who has been in Italy since January. We are looking forward to seeing Josh's exciting presentation at our meeting at the end of September. Date to be advised.....

Also, Enrico presented his Rotary Club's banner to us....so although we are not able to display it on our podium ;-D.....here it is 😊





We're all wishing Logies Terry a speedy and easy recovery from his current discomfort. Terry, you are strong, you are loved and you are much needed to continue sharing your quiet wisdom and dedication to all that is good. Get better soon....



Our newsletter this month has been chock-a-block with news and lots of pictures.....but we have to of course leave SOME room for laughter (Terry, these are for you 😊)

A man and his wife are awakened at 3 o'clock in the morning by a loud pounding on the door.

The man gets up and goes to the door where a drunken stranger, standing in the pouring rain, is asking for a push.

"Not a chance" says the husband, "it is 3 o'clock in the morning!"

He slams the door and returns to bed.

"Who was that?" asked his wife.

"Just some drunk guy asking for a push," he answers.

"Did you help him?" she asks.

"No, I did not, it is 3 o'clock in the morning and it is pouring rain out there!"

"Well, you have a short memory," says his wife. "Don't you remember about three months ago when our car broke down and those two guys helped us? I think you should help him, and you should be ashamed of yourself !"

The man does as he is told, gets dressed, and goes out into the pounding rain.

He calls out into the dark, "Hello, are you still there?"


"Yes" comes back the answer.

"Do you still need a push?" calls out the husband.

"Yes, please!" comes the reply from the dark.

"Where are you?" asks the husband.

"Over here on the swing!" replies the drunk

I just love this one..... 

Don't wash your hair in the shower

(It's so good to finally get a health warning that is useful)

IT INVOLVES THE SHAMPOO WHEN IT RUNS DOWN YOUR BODY WHEN YOU SHOWER WITH IT A WARNING TO US ALL!!!

I don't know WHY I didn't figure this out sooner! I use shampoo in the shower! When I wash my hair, the shampoo runs down my whole body, and printed very clearly on the shampoo label is this warning, "FOR EXTRA BODY AND VOLUME."

No wonder I have been gaining weight! Well, I got rid of that shampoo and I am going to start showering with Dawn dishwashing soap instead. Its label reads, "DISSOLVES FAT THAT IS OTHERWISE DIFFICULT TO REMOVE."

Problem solved!
If I don't answer the phone I'll be in the shower!!!

SHARE if it made you LAUGH!

And because we live near the ocean, some water jokes....

- What has a bed that you can't sleep in? A river.
- What do you call it when a snowman has a temper tantrum? A meltdown.
- How does the ocean say hello? It waves.
- Why did the melon jump into the lake? It wanted to be a water-melon.

See you all next month.....Ed's out..

