

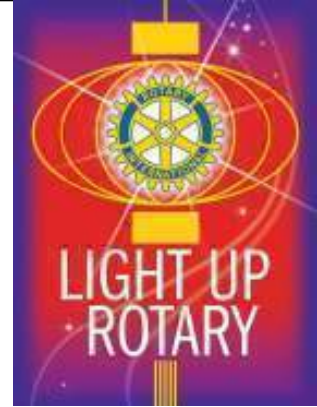
OUTA SPACE

NEWSLETTER

ROTARY E-CLUB OF SOUTH AFRICA ONE

www.rotaryclubsa.org

PBO 930039682



November is Rotary Foundation Month

The RI Board and the Trustees have agreed to observe Rotary Foundation Month each November. During this month, clubs are urged to devote at least one club program to the Foundation.

As far back as I can remember after joining Rotary, this was the one month that Rotary clubs always seemed to observe most enthusiastically.

Whether it was the arranging of a Foundation Dinner, having a speaker from the District Foundation Committee, paying the club's donation to The Rotary Foundation or recognising a deserving person for a Paul Harris Fellowship, something special was always arranged during November.

In this edition of OUTA SPACE there is quite an emphasis on END POLIO NOW which is quite appropriate coming so soon after World Polio day which was on 24th October.

There is really quite a lot that Rotarians can do towards the final eradication of the one Polio virus which still remains – Type 1, Yes, Type 2 and Type 3 have

been eliminated which is very good news.

It needs personal involvement for Rotarians to really make a meaningful contribution – make it your business to know more about the eradication of Polio – the END GAME strategy is now in place to deliver the final knock-out blow to Polio during 2018.

What will our Club be doing during November to observe Foundation Month?

- We are planning an END POLIO NOW promotion and collection at Musgrave Centre, possibly on 7th November.
- We will recognise the Foundation at our F2F on 30th November.
- We will send our Foundation contributions to RI during the month.
- We will recognise Paul Harris Fellows [if the postal strike has ended]

Have Fun

Gerald Sieberhagen - Editor

Please make a concerted effort to attend the next GTM of the E-Club of South Africa One at 7pm on 21st October 2014

I wonder what it would take to make the Himalayan Stoves available in South Africa – have a look at the short video at www.himalayanstoveproject.org

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BIRTHDAYS

OCTOBER

29th - Anita Kistnasamy

NOVEMBER

1st - Peter Bretherton

2nd - Ockie Esterhuysen

5th - Mark Rouillard

6th - Trevor Mitchell

13th - Bob Kistnasamy

22nd - Rene Andries

26th - Suzanne Edmunds



ANNIVERSARIES

NOVEMBER

12th - Angie & Trevor Mitchell

23rd - ROTARY E-CLUB OF SOUTH AFRICA ONE

4th CHARTER ANNIVERSARY

DATES TO DIARISE

2014

DG VISIT on GTM - date to be confirmed

7th NOV - POSSIBLE 'END POLIO NOW'
PROMOTION AT MUSGRAVE SHOPPING CENTRE

30th NOV - 4th CHARTER ANNIV CELEBRATION,
FOUNDATION RECOGNITION, AGM, YEAR END
FUNCTION AT BEACHWOOD MANGROVES
FROM 10 AM ONWARDS - BRING YOUR OWN
FOOD & LIQUID REFRESHMENTS

2015

FEB ?? - International event

24th to 26th APRIL - DISCON IN BLOEMFONTEIN

WEEKLY TOPIC - ROSTER FOR NOVEMBER/DECEMBER

3rd Nov - Angie Mitchell

10th Nov - Sandy Botha

17th Nov - Aadila St Clair Sabat

24th Nov - Jeneth van Leeuwen

1st Dec - John Fannin

8th Dec - Irene Kotze

And then we have a break until 5th Jan.

Please send the TotW to either President Irene or Club Admin director Gerald by at least the THURSDAY preceding the date of the TotW.

It always makes it easier if Rotarians send their TotW well ahead of time.

Alternatively, if you are unable to fulfil your duty, please advise us well ahead of time so that we are able to find a replacement.

EVENTS AND PROJECTS

EAST COAST RADIO TOY STORY 2014 was launched on 6th October Today we will be setting up our 'assembly' line at Dawn Wing warehouse which will be like a second home to some of us during the mornings until the end of 2014 Toy Story.

Global Grants - Hopefully Pat Draper has paved the way for GG1418817 to be accepted by The Rotary Foundation.

A further Global Grant with a Norwegian club as a partner is in the offing and our newest member, Peter Brauteseth, will be piloting this one.

Exciting times for our Club!!

GoToMeeting - 19h00 to 20h00

4th & 18th November

9th December

13th & 27th January

DURING THE WEEK PRECEDING THE GTM, the log on code will be sent BY EMAIL to each member.

PLEASE NOTE THAT FROM JULY THE GTM WILL BE ON A TUESDAY AND WILL START AT 19H00

ADVERTISING IN ROTARY AFRICA MAGAZINE

Have you ever considered advertising your products or services in the Rotary Africa Magazine? Or do you know of a business that may wish to do so?

You can obtain the 2014 Advertising rates on the Rotary Africa website @ www.rotaryafrica.com

PRESIDENT IRENE'S PAGE



Dear Fellow Rotarians

Two weeks have passed and still no volunteer has come forward to administer our Facebook page!

Here is a further appeal!

This week our Club gets down to the nitty gritty of facilitating East Coast Radio's TOY STORY project when the setting up of our 'assembly line' at Dawn Wing warehouse takes place. Then once the toy donations start arriving, the sorting, allocating and packing of toys commences.

That got me thinking! "What do parents think about when choosing toys for their children?"

Toys are not merely playthings. Toys form the building blocks for our children's future. They teach our children about the world and about themselves. They send messages and communicate values, therefore wise parents think about what foundation is being laid by the toys that are given to their kids.

Wise parents also think about the number of toys that children are given. While most toy rooms and bedrooms today are filled to the ceiling with toys, caring parents learn

to limit the number of toys otherwise it prevents them from fully developing their gift of imagination.

Children develop longer attention spans. When too many toys are introduced into a child's life, their attention span will begin to suffer. A child will rarely learn to fully appreciate the toy in front of them, when there are countless options still remaining on the shelf behind them.

Children learn to take greater care of things. When children have too many toys, they will naturally take less care of them. They will not learn to value them if there is always a replacement ready at hand.

Children develop a greater love for reading, writing and art. Fewer toys allow children to love books, music, colouring and painting. A love for art will help them better appreciate beauty, emotion and communication.

Kids become more resourceful. In education, students aren't given the answer to a problem; they are given the tools to find the answer. I would say in play the same principle can be applied. Fewer toys cause children to become resourceful with only the materials at hand. Resourcefulness is a gift with unlimited potential.

However, having given all the above reasons for our own children and grandchildren, when next you walk past an ECR TOY STORY Box at GAME, don't restrain yourself from thinking big, no not big in terms of big expensive toys, big in terms of numbers so that we can put a smile on many little faces this Christmas – the EXOTICS may just care to send a cash donation!!!

*Have Fun Shopping,
Irene*

This article was sent to all our members on World Polio Day - 24th October 2014.

The following is an excerpt of an address given by Dr. John L. Sever, vice chair of Rotary's International PolioPlus Committee, to the Innovations in Healthcare Symposium 23 October in New York. The symposium was held to honor Jonas Salk and Albert Sabin on World Polio Day and the 100th anniversary of Salk's birth.

I had the pleasure of knowing both Dr. Salk and Dr. Sabin through our mutual participation at medical meetings, and when they would visit me at my offices and laboratories at the National Institutes of Health.

I remember in particular a medical meeting in Miami Beach, Florida, in the 1960s at which Dr. Sabin and I were both speakers. On the first morning of the meeting, my wife and I came down for breakfast. Dr. Sabin was sitting alone and invited us to join him. He was very excited because physicians in Cuba had reported that they had used the oral polio vaccine in a new way. They gave all of the children in Cuba the vaccine during just a few days, rather than at age specific intervals. They showed that with this approach, they not only protected the children from polio, but they succeeded in eradicating it from Cuba.

Global eradication

This was a wonderful finding and Dr. Sabin was delighted. He advocated it enthusiastically for what he called "The Rapid Elimination and Ultimate Global Eradication of Paralytic Poliomyelitis Caused By Polioviruses." It became the basis for the worldwide use of National Immunization Days.

It was Dr. Sabin's oral polio vaccine used in National Immunization Days that empowered Rotary and our partners to immunize more than two-and-a-half billion children against polio — bringing the virus to the brink of eradication. And it will be Dr. Salk's injectable, inactivated vaccine, used during the end-game phase of the campaign that will enable us to slam the door shut once and for all on this terrible disease. This is a fitting legacy for these two icons of modern medicine.

Beginnings of PolioPlus

Rotary's involvement in polio eradication began in 1979, when RI's president Clem Renouf learned that smallpox had just been eradicated and wondered if it might be appropriate for Rotary to use its new humanitarian grants program to take on a comparable goal. I was an active Rotarian and chief of the Infectious Diseases Branch, NINDS, at the National Institutes of Health, at the time, so Renouf asked for my opinion.

I recommended that Rotary establish a program to help immunize the children of the world against polio and eradicate the disease. With Rotary clubs in nearly every country in the world and a total membership then of about one million, I knew our members were well positioned to help public health authorities reach millions of children with the oral polio vaccine.

Since the launch of our PolioPlus program in 1985, in close collaboration with Dr. Sabin, progress against polio has been nothing short of tremendous. In 2013, there were fewer than 420 cases worldwide, a decrease of more than 99 percent. And the wild poliovirus is now endemic to only three countries: Afghanistan, Nigeria, and Pakistan.

Making history

With the goal so close, we continue to face challenges — armed violence against vaccinators, the rise of new threats such as Ebola, and donor fatigue, to name a few. But we face each of these challenges with the same determination and resiliency that has brought us this far. To our supporters, and especially donor governments, we say: We are truly on the verge of making history.

I am sure that Salk and Sabin would be immensely proud of where we are today: on the threshold of a polio-free world. Their combined genius gave us the tools to eliminate polio once and for all. Today, we owe it to them – and to the world's children – to get the job done.

AND HERE IS THE REPLY AND STORY I RECEIVED FROM MIKE FERRY – QUITE REMARKABLE

Good evening Gerald,

Thank you for this posting from Rotary Voices, I did indeed find it interesting.

I knew/know John Sever. He and three other Rotary representatives visited me in Malawi when I was living there in 1978. In fact I hosted John Sever for the period that he was there (Five days) and arranged for him and his party to meet with the President of Malawi, Hastings Banda.

The visit by Rotary had been occasioned through the fortunate coincidence of Clem Renouf (RI President) meeting with the brother of Donald Arden after attending Sunday service at their mutual church in Australia. Donald Arden was Archbishop of Central Africa and partnered with me and a gentleman called Jan Borgstein, Medical Superintendent of Queen Elizabeth Hospital in Blantyre, in setting-up an organisation called MALAWI AGAINST POLIO. We had established a workshop with the assistance of the Lions Club of Blantyre, where we had started manufacturing walking aids for the child victims of polio who had recently undergone surgical procedures to correct their twisted limbs. We had also initiated an immunisation scheme in the Southern Region of Malawi with the assistance of SAVE THE CHILDREN FUND.

Each of these projects had proved extremely effective where children, who had suffered the effects of Polio, were now able to walk using the callipers and crutches supplied by our workshop. Likewise the immunisation programme had also shown great success, whereas before the programme was implemented there had been more than 2,000 new cases of Polio reported each year in that region, following the programme less than 20 cases were reported.

We knew that we had a really workable plan here, but we lacked the finances to expand our programme by opening additional workshops and by "Importing" the Doctors, Surgeons, Physio's and Nurses we required. Encouraged by the response from Clem Renouf, following a briefing from Archbishop Arden's brother David, who recommended that we apply through a local Rotary Club (Lilongwe RC) for a 3H Grant, we actively pursued this and subsequently we hosted a visit from the RI delegation who were evidently very impressed with our work to date as they agreed, that, subject to me being appointed as programme administrator and me being able to ensure that the Malawi Government would match the amount that RI would provide (US\$300 000), they would recommend that the programme be adopted by the 3H Board at RI.

It took me many months of haggling and persuading to get everyone to agree and sign up but eventually we succeeded. However, soon after we launched the programme we found that we just couldn't manage to maintain both the Medical Rehabilitation of the victims (estimated to be more than 75 000) and the ongoing immunisation programme. We therefore decided to unload this aspect to Save the Children Fund. The following year we received a visit from Princess Anne, the International Patron of Save the Children. She was very impressed with the progress we had made and commended us on our efforts. She even took us out to lunch!!!

Fast forward by six years and I was in New York at the UN trying to get additional funding to enable the programme to continue. I was asked to contact both Dr Salk, who was at that time living just outside of Washington and Dr Sabin who was in retirement in California. I wasn't able to contact Dr Salk but I did arrange to meet with Albert Sabin. Alas, we were unable to make that meeting as we were stuck at a Rotary District Conference in Modesto where I was the keynote speaker. Perhaps it was just as well as I had been advised in New York not to mention either Dr Salk to Dr Sabin or vice versa as there was evidently great enmity between the two colleagues. And me being me, I probably would have had each of them screaming abuse at me for a faux pas! So here I sit in wet and windy Liverpool thinking back on the challenges I faced in beautiful, warm and sunny Malawi. They took me out of Africa but they can't take Africa out of me!!

Have a great weekend, Fond regards

MICHAEL JOSEPH PATRICK etc

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If you are serious about wanting to know more about PolioPlus, End Polio Now, We are THIS close and END GAME 2013/18, please spend some time watching these two livestream videos.

If you weren't able to watch the Livestream that was broadcast on 24th October 2014, you may now watch it by using the link below – the programme is 1hr 12min short.

This was broadcast to celebrate Rotary achievement in eradication of polio Ambassador Ziggy Marley sang his song "lighthouse" from his latest album for #endpolionow watch it at <http://bit.ly/1skGJUF>



[World Polio Day 2014 - from 2014 World Polio Day](#)

2014 World Polio Day by Rotary International on Livestream - [Livestream.com](#)



POLIO ERADICATION. For anyone who doubts the cause and needs to know more; if you need to understand polio and why we need to continue with our efforts, this video is the most informative and probably most powerful one available. This should convince you that we need to finish the job with our partners in the world. It is NOT about Rotary it is about the eradication of Polio. Please watch this completely after which you will know and understand a lot more about Polio. <http://youtu.be/T3X-cba-SfM>



[Rotary World Polio Day 2013 Livestream Bruce Aylward](#)

Rotary World Polio Day 2013 Livestream Bruce Aylward

If you experience trouble accessing the links just Google End Polio Now and access the END POLIO NOW – FINISH THE FIGHT FOR GLOBAL POLIO ERADICATION.

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JOHN FANNIN REPORTING ON FDSA OLIVE TREE PROJECT

Bettie arrived at our home as we were packing our vehicle for tomorrow's departure & brought with her some photos she took during the installation of the irrigation systems for the 400 Kalamata olives planted so far. When the water was turned on, an Angulate Tortoise was quick to quench his thirst!!

There are still another 70 Mission Olive trees to be planted.



AND THEN THERE'S ROB LINDEGGER AND HIS END POLIO NOW BIKE



Notice how the frame of the bike has now been carefully decorated with many END POLIO NOW stickers – will no doubt attract much attention in Africa



Imagine having to miss 70 to 80 days of school each year simply because you cannot afford to buy affordable sanitary pads. After lots of searching for a solution it appears that there is now something suitable on the market. President Irene Kotze has made contact with Sue Barnes and we are checking viability at Ekuthuleni Primary School.

Sanitary pad project gives poor and rural girls dignity



Many girls use unhygienic alternatives to sanitary pads, such as newspaper or even sand and leaves, which puts them at a huge risk of infection. And nine million girls aged between 13 and 19 miss a week of school every month, for lack of sanitary pads. Project Dignity is an effort to change this. (Image: www.subz pads.co.za)

Melissa Jane Cook writes:

Sue Barnes is an extraordinary woman. She has given hope to young girls, she has given them the opportunity to be free, to participate in daily activities, not to feel shamed or embarrassed, and has empowered them – all with a sanitary pad. They have their dignity back, through her initiative, **Project Dignity**.

For many of us, buying sanitary pads is as easy as buying bread and milk. But this is not the case for millions of girls and women in South Africa. They are at a permanent disadvantage as they are forced to stay at home as they are unable to afford this basic necessity. Barnes was named the 2013 Clarins Most Dynamic Woman of the Year earlier this month in Johannesburg. The event, held at Summer Place in Hyde Park, celebrated the ground-breaking intervention that allows girls and young women in townships and rural areas to attend school while they are menstruating.

"My youngest daughter, who attends a remedial school due to her dyslexia, came home with appeals from her school for sanitary pads and panties," says Barnes. "I went to the school to find out what it was all about, and discovered just how many South African girls skip school while menstruating. I immediately thought of my own daughter. If she missed a week per month of school there is no way she would catch up. It's tragic that anyone in their teen years should be faced with this dilemma."

Girls use unhygienic alternatives to sanitary pads, such as newspaper or even sand and leaves, or sitting on cow patties. Doing this puts them at a huge risk of infection. And, according to Barnes, of nine million girls aged between 13 and 19 years in South Africa, "80% of those were missing a week of school every month... That's just time you can't make up and it's affecting their education."

A pattern maker and designer with a large clothing chain, Barnes has a background in construction, fabrication and quality control. Using these skills, she decided to design something to address the problem, coming up with her sanitary pad packs. At her own cost, Barnes has been producing these packs and delivering them to schoolgirls in KwaZulu-Natal where she lives. "One pack should last a girl her entire high school career," says Barnes, who believes that finding a solution to this critical issue is her calling.

Read more: <http://www.mediaclubsouthafrica.com/democracy/3718-project-set-up-to-give-girls-dignity#ixzz3HKxd0QN6>

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Jeff Watts [wearing an END POLIO NOW cap], Gerald Sieberhagen, Suzanne Edmunds, President Irene Kotze and in front Les and Shirley Hutton spent an enjoyable couple of hours at a F2F when Jeff paid a visit to Durban last week. [photo by Sue Sieberhagen]



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They're Back! Those wonderful Church Bulletins! Thank God for church ladies with typewriters. These sentences actually appeared in church bulletins or were announced in church services:

The Fasting & Prayer Conference includes meals.

The sermon this morning: 'Jesus Walks on the Water.' The sermon tonight: 'Searching for Jesus.'

Ladies, don't forget the rummage sale. It's a chance to get rid of those things not worth keeping around the house. Bring your husbands.

And now we are once again OUTA SPACE