

# OUTA SPACE

NEWSLETTER

ROTARY E-CLUB OF SOUTH AFRICA ONE

[www.rotaryclubsouthafrica.org](http://www.rotaryclubsouthafrica.org)

PBO 930039682

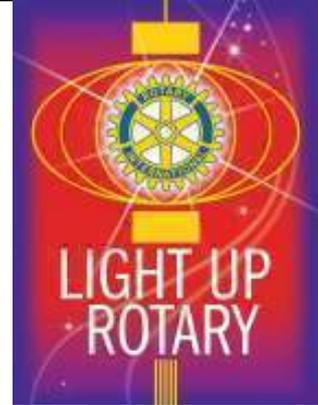


[www.rotaryclubsouthafrica.org](http://www.rotaryclubsouthafrica.org)

Rotary



14th October 2014  
No 8



## October is Vocational Service Month

I have a confession to make – I was under the impression that October was **Vacational Service Month** so I will be vacating my home and visiting in Somerset West in the fairest Cape for a week. It will be quite a hectic week so will hardly be a vacation.

I am hoping to meet F2F with Jane Martin and Patrick Andries and hopefully Richard Hargreaves will have settled down after relocating to Cape Town. **Get well soon Richard!!!!**

D9350 are in the early stages of the Charter of an E-Club in that District so I may also find time to meet with them.

International day of Peace has come and gone. Although Peace means many things, most often it could be described as the antonym of War. There is so much war in many parts of the world right now that one wonders whether

there is any chance for Peace in the foreseeable future.

If only every adult in South Africa could fill in something in a document that asks for your Vocation! Sadly, for far too many the simple answer is – UNEMPLOYED The solution is certainly not a simple one but if every employed person did something towards making the youth of today more employable or more entrepreneurially inclined it would be a start.

So without question the route to a vocation is education.

The majority of our E-Club projects have a definite slant towards improving education. Our proposed Global Grant is also targeting education.

Many of our members are certainly using their vocations, past and present to good effect.

*Have Fun*

*Gerald Sieberhagen - Editor*

Please make a concerted effort to attend the next GTM of the E-Club of South Africa One at 7pm on 21st October 2014

I wonder what it would take to make the Himalayan Stoves available in South Africa – have a look at the short video at [www.himalayanstoveproject.org](http://www.himalayanstoveproject.org)

# OUTA SPACE

Page 2

## BIRTHDAYS

### OCTOBER

20<sup>th</sup> Sheree Light  
24<sup>th</sup> Michael Chen  
29<sup>th</sup> Anita Kistnasamy



## ANNIVERSARIES

### OCTOBER

15<sup>th</sup> Gunnar & Sheree Light

## DATES TO DIARISE

2014

DG VISIT on GTM – date to be confirmed

16<sup>TH</sup> OCT – WORLD HUNGER DAY

24<sup>th</sup> OCT – WORLD POLIO DAY

25<sup>TH</sup> OCT – D9370 – MEMBERSHIP AND FOUNDATION SEMINAR

26 OCT – Jeff Watts will be in Durban – F2F at Twilanga 89 Herrwood Dr Umhlanga for Sundowners at 16h00 till...

9<sup>TH</sup> NOV – POSSIBLE 'END POLIO NOW' PROMOTION AT MUSGRAVE SHOPPING CENTRE

30<sup>TH</sup> NOV – 4<sup>TH</sup> CHARTER ANNIV CELEBRATION, FOUNDATION RECOGNITION, AGM, YEAR END FUNCTION AT BEACHWOOD MANGROVES FROM 10 AM ONWARDS – BRING YOUR OWN FOOD & LIQUID REFRESHMENTS

2015

FEB ?? – International event

24<sup>TH</sup> to 26<sup>TH</sup> APRIL – DISCON IN BLOEMFONTEIN

## WEEKLY TOPIC - ROSTER FOR OCTOBER/NOVEMBER/DECEMBER

20<sup>TH</sup> Oct – Bob Kistnasamy  
27<sup>th</sup> Oct – Rob Lindegger  
3<sup>rd</sup> Nov – Angie Mitchell  
10<sup>TH</sup> Nov – Sandy Botha  
17<sup>th</sup> Nov – Aadila St Clair Sabat  
24<sup>th</sup> Nov – Jeneth van Leeuwen  
1<sup>st</sup> Dec – John Fannin  
8<sup>th</sup> Dec – Irene Kotze

And then we have a break until 5<sup>th</sup> Jan.  
Please send the TotW to either President Irene or Club Admin director Gerald by at least the THURSDAY preceding the date of the TotW.

It always makes it easier if Rotarians send their TotW well ahead of time.

Alternatively, if you are unable to fulfil your duty, please advise us well ahead of time so that we are able to find a replacement.

## EVENTS AND PROJECTS

22<sup>nd</sup> September to 19<sup>th</sup> October is Eye Care Awareness Month. If you are having a problem reading this, please contact our Optometrist member Keith Kirton. Keith says if any members of the club have old spectacles lying around, we can do a collection and we will put them in with our Operation Brightsight box, and forward them onto Lions who will use them accordingly. I can get my mom to collect them and bring them all to me in December when she comes to the Lowveld. A really worthy cause so what are we waiting for?

## EAST COAST RADIO TOY STORY 2014 will be launched on 6<sup>th</sup> October

Our club will be assisting East Coast Radio with this project again this year. No doubt we will have our A-team of volunteers to lend a helping hand when the volume of toys received for sorting and allocating peaks during the period from 8<sup>th</sup> to 19<sup>th</sup> December. Thanks to Ailsa Kaminski and her production team we have a catchy video of some of last year's activities.

GoToMeeting – 19h00 to 20h00

21<sup>st</sup> October

4<sup>th</sup> & 18<sup>th</sup> November

9<sup>th</sup> December

13<sup>th</sup> & 27<sup>th</sup> January

DURING THE WEEK PRECEDING THE GTM, the log on code will be sent BY EMAIL to each member.

PLEASE NOTE THAT FROM JULY THE GTM WILL BE ON A TUESDAY AND WILL START AT 19H00

## ADVERTISING

### IN ROTARY AFRICA MAGAZINE

Have you ever considered advertising your products or services in the Rotary Africa Magazine?

You can obtain the 2014 Advertising rates on the Rotary Africa website @ [www.rotaryafrica.com](http://www.rotaryafrica.com)

### PRESIDENT IRENE'S PAGE



Dear Fellow Rotarians

Do we use social media only to show the serious side of Rotary or should we also be using the lighter side of Rotary to grab people's attention, members and non-members alike? What would be the right approach to get the NEW GENERATION involved?

Having posed that question to myself, I started looking at Facebook pages from other E-Clubs and was duly rewarded by an article posted by a young member of the E-Club of Greater Sydney.

Here are some extracts from Evan's article that I would like to share with you.

***"Posting inspiring messages, funny pictures or fun facts gives Rotary Members a chance to feel involved. But content needs to be sticky (a typical OZ word). Sticky content is content that people are actually interested in, want to share, and want to interact with. That's critical to maximising the impact of the message.***

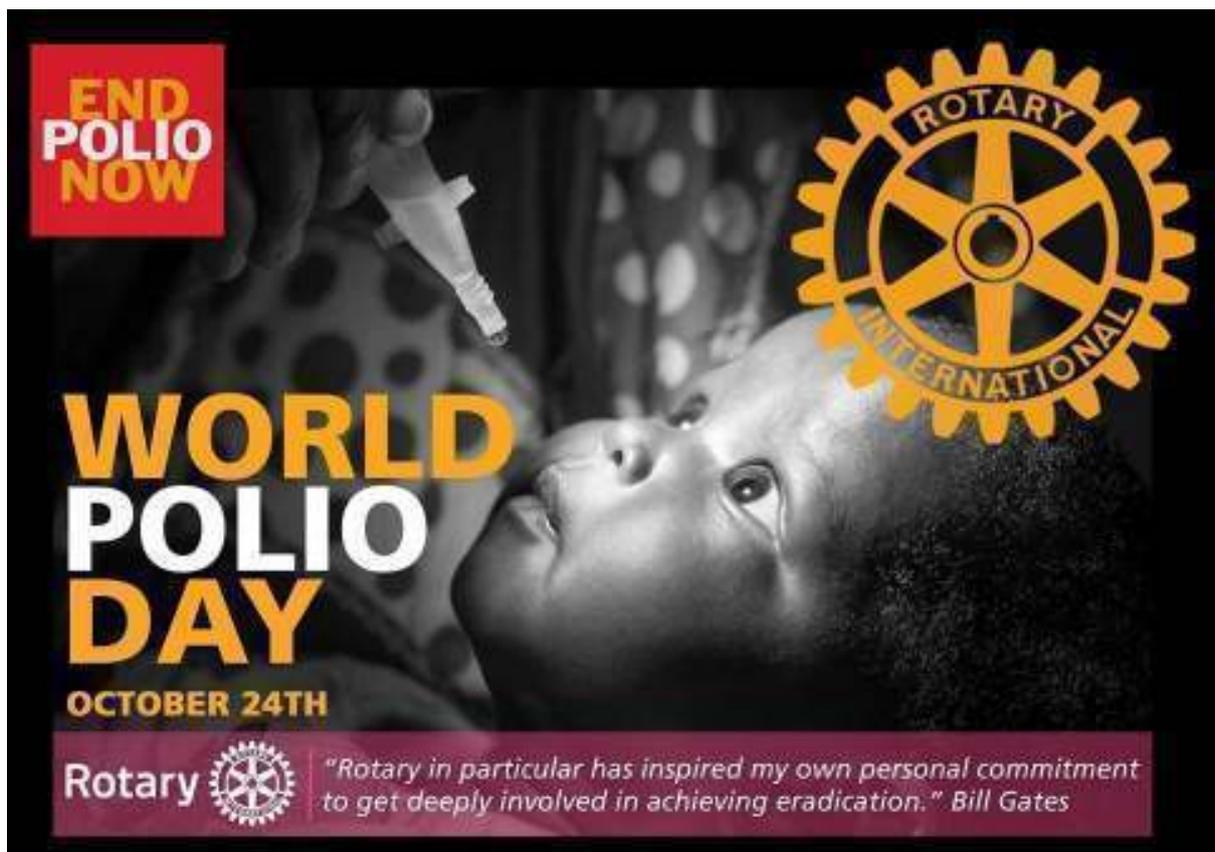
***And it must come from a personal and honest place.***

***Social media acts like a collective mind when it comes to sharing ideas and knowledge. Whereas before we might have a roomful of Rotarians eating tasteless chicken, it is now possible to promote an idea by posting it on Facebook and have it seen by huge numbers of people all over the world.***

***In the end, all we are trying to do is to use social media to connect and have FUN. Social media to me is, by definition, something that has no bounds. But we should also do our best to empathize the good qualities of our organisation in way that helps others to relate to us as approachable, positive, and FUN"***

Looking at our E-Club's sparsely populated Facebook page, I'm sure there must be someone out there amongst our 38 members who could do the honours of being OUR FACEBOOK MANAGER. Information will be provided. It is a big PLEASE from your President. We are a vibrant club and are engaged in wonderful projects serving numerous communities and only our members know about it, that is not what ROTARY in 2014 is about. We need to spread the word and who knows, if we are "visible", we might attract interest from overseas to increase our scope of assisting communities where there is so much need. Please volunteer and contact me on my new e-mail address [irenekotze@telkomsa.net](mailto:irenekotze@telkomsa.net)

***Have Fun, Irene***



Our Club has not been able to secure a suitable venue for a Polio Awareness promotion on 24<sup>th</sup> October but we are likely to be allowed to have an END POLIO NOW DAY at Musgrave Centre on Saturday 9<sup>th</sup> November when we will also take the opportunity of informing the public about Rotary

## World Polio Day

Join Rotary on World Polio Day, October 24, for a live-streamed global status update on the fight to end polio. Guests will include Global Polio Eradication Initiative partners, celebrity ambassadors, polio survivors and special guests. Tune in at 6:30 CT to watch the live event and take part in the conversation.

If you can't join the live event, you can still be a part of this moment in history. Share your voice online, advocate to your government or create your own World Polio Day event.

Add World Polio Day to your calendar.

Visit <http://www.endpolio.org/worldpolioday>

# OUTA SPACE

Page 5

Here are the responses I received to my request for comments about OUTA SPACE

Dear Gerald

Two things that I find about OUTASPACE : I am amazed at the work that goes into it and I would feel guilty if I did not give it the attention it deserves; so I start off studiously doing my duty, doing the right thing...lo' and behold I read virtually everything presented. It's interesting and relevant! Sometimes could perhaps be shortened and it certainly does not have enough pictures of me.....??? All told, please keep up this worthy work... and thank you!

Dear Gerald

I don't like the stupid cryptic competitions that you sometimes include because I am no good at them anyway.

Dear Gerald

Just to say I love my OUTA SPACE.

Find that I read it every time it comes out, and no I would not like to take on the task, do not have the ability in English as you do and your wonderful sense of humour which is so evident.

Dear Gerald

There are definitely not enough jokes but it is appreciated that when you do include jokes they are impeccably clean jokes.

Gerald

I have been wondering about volunteering to do the fortnightly newsletter but have changed my mind. Keep up the good work. **Ed – Thanks for the fax**

Dear Gerald,

Thank you for all of the work you put into presenting OUTA SPACE. I read every page avidly. It keeps me in contact with my "Real" home of South Africa. I have no problems with the presentation or the content. In fact I am amazed that you can find the time and commitment to produce such a readable document continuously. I realise that the task must be quite onerous and to find an alternative editor who is able to follow in you size 12 footsteps will be quite a challenge.

Perhaps, in order to lighten the burden of finding suitable content, you might perhaps "Re-publish" previous Weekly Topics that have been posted, say 12 months ago, on the Club's website!!! I look forward to joining you and the other members at the fortnightly GTM's **Ed – they are still on the website for members to see.**

Keep up your remarkable work

Dear Editor

I think more members should send more contributions and photos for inclusion in OUTA SPACE of the things they are involved in.

Dear Gerald

I have sent several articles for inclusion but none have appeared so far. Although I have never sent any photos of myself working on projects it would be appreciated if you could take some photos of me for publishing which will be of value to the newsletter. Otherwise it is ok.

Dear Gerald

I sometimes find the newsletter far too long and for that reason have stopped printing it so now I just read as much as I can before I become bored.

Dear Gerald

There are not enough articles about Social Media, especially Facebook. If we are going to succeed in attraction new young members, that is the way to go.

Thank you to all the members who took the trouble to email me and also for the 2 faxes. More comments would be welcomed.



**Rotary**  
**Club of Durban North**

20<sup>th</sup> November 2014 -- ICC

# 2014 ETHICS

## IN BUSINESS AWARD DINNER

"In matters of style, swim with the current; in matters of principle, stand like a rock."  
— Thomas Jefferson

The Rotary Club of Durban North is honoured to be hosting Advocate Thuli Madonsela, Public Protector of South Africa, at a Gala Dinner where she will be bestowed with Paul Harris Recognition following which she will be addressing guests on the topic for the evening.

Date: 20<sup>th</sup> November 2014 – Venue : ICC Durban – Time : 6 .30 pm to 10.00 pm  
Dress : Black Tie / Formal / Traditional – **COST R600 pp of R6000 per Table of 10**  
**Costs include 5 Star 3 Course Dinner and Cash Bar available.**

Please R.S.V.P to [aug@iafrica.com](mailto:aug@iafrica.com) or 082 556 0299 before 10 November.  
Payment confirms your booking

Bank details: Rotary Club of Durban North : Standard Bank Durban North  
Branch Code 042826 : Account Number 043679358

There may be some of our members who would like to attend this prestigious event being hosted by the Rotary Club of Durban North.

Please liaise directly with [aug@iafrica.com](mailto:aug@iafrica.com) should you wish to register.

You may wish to advise President Irene Kotze when you have registered for this Business Award Dinner.

It should be an event that may turn out to be one of the D9370 highlights of 2014/15 as we Light Up Rotary!

# OUTA SPACE

Page 7

Bob Kistnasamy advises that he has done and will be doing the following during the current Rotary year:

- The computer room at Phoenix Pioneer Primary School has been updated to the tune of R70 000. Twenty new computers were installed. The grand opening is planned sometime in October 2014.
- The EarlyAct club of Phoenix Pioneer Primary School should also be launched soon. Preparation is underway.
- Entertainment for old age home: this is planned for December 2014. We need to arrange for about 150 people and could invite the residents of Ray Hulett Old Age Home. Meals and light entertainment shall be provided.
- Christmas Cheer: About 80 food hampers will be distributed in December 2014, together with toys and clothing.
- According to Pickey Dass, of Rotary Club of Isipingo Morningside their International evening is scheduled to take place in February 2015.

WELL DONE BOB – You have this unique ability to just get things done!!

Message from Jenna Lewinsky:

*“Looking forward to a fruitful year!*

*Also out of interest, do we have any farmers in our club? Gil and I are currently farming sheep and dairy cows. We are not experts at it, so any farming advice is always welcome”.*

Ed – we don't have any farming members but some of our members may be able to offer some advice. My initial advice is just to remember to milk the cows and shear the sheep and not the other way around.

Dairy farming is quite demanding – you can't just skip a day and not milk the cows. I guess you could find useful advice if you are able to join a farming association in your area and having the services of a good vet is essential. And of course there is always Google! It all sounds like a wonderful life!!!

We reached a significant figure at our GoToMeeting on 7<sup>th</sup> October 2014. Our numbers would have made up a full cricket team! Our next target is then to make up a full rugby team and after that the rugby team plus the bench! When we reach that number we will be only 3 way from a GoToMeeting capacity.

Is 15 possible? Yes, of course it is but only if our members diarise the date and make that time and date a priority.

Our 3 new members who were inducted during the meeting – Emmanuel Ntondo from Gauteng, Jenna & Gil Lewinsky from Canada, Keith Kirton from the East Coast, John Fannin from the West Coast, Gunnar Light from USA, Mike Ferry from UK, Pat Draper from Howick, David Tilling and Pres Irene Kotze from Durban Berea and myself rocking from Umhlanga all made it into the 11.

We had apologies from Angie Mitchell [preparing for her 50<sup>th</sup> birthday] Ailsa Kaminski – on a work assignment, Suzanne Edmunds on a prior engagement Jean Singh on vacation in the UK & Sandy Botha on a mission! PLEASE DIARISE THE 21<sup>ST</sup> OCTOBER for our next GTM. [What a pity that Jeff Watts is travelling home from work by tube train each weekday at the time of our GTM]

## 10 tips to enhance your next service project

Posted on [September 30, 2014](#)

Young professionals and university students may have unique insights that can assist your service project.

By *Ellina Kushnir, Rotary staff*

Your Rotary club has decided to do a service project. You've met with the local community and determined the needs they identify as the most pressing. You've put together a project plan, and are ready to roll up your sleeves and get started. Now what?

Here are 10 practical tips from the webinar, [Lifecycle of a Service Project, Part 3](#), which focus on acquiring the resources you need to carry out an effective and sustainable project:

1. **Start locally.** The skills and knowledge your project needs may already be in the local community, in the form of NGOs, community-based organizations, or otherwise. Webinar panelist Ron Denham, a past district governor and member of the Rotary Club of Toronto Eglinton, Ontario, Canada, notes that when the local community invests resources, it is more likely to remain involved for the long haul.
2. **Build partnerships.** Partnerships provide expertise, local knowledge, and insights into local culture and values. They can also identify local sources of training for those who will maintain the project after your club's involvement ends.
3. **Seek a grant.** By working with The Rotary Foundation through district and global grants, you harness the power of Rotary worldwide to have an even greater impact. Learn more on [Rotary.org](#), or contact your District Grants Subcommittee Chair or your district's Rotary Foundation Committee Chair.
4. **Use Rotary Ideas.** Our crowdsourcing platform makes it easy for you to post your project and share it through your social media channels, blogs, and club website.
5. **Organize a Rotary Community Corps**, a group of local people in the community who are not members of Rotary but work closely with a sponsoring Rotary club to assist with projects. They can help mobilize a community, ensure local culture and customs are incorporated, and ensure that local needs are met.
6. **Consult a Rotarian Action Group** to help you or your district conduct needs assessments, incorporate monitoring and evaluation components, and secure funding.
7. **Check with your district.** Every year, district governors appoint leaders to head service committees and assist clubs with service projects.
8. **Network at Rotary events.** Many partnerships begin with a face-to-face meeting at the [Rotary International Convention](#), [International Assembly](#), a regional project fair, or a zone or district event.
9. **Connect with a Rotaract club.** These young professionals and university students may have unique insights into a community's needs, offer technical skills and expertise as volunteers or fundraisers, and be adept at promoting your project through social media.
10. **Communicate often and openly.** Frequent communication is a key to building relationships and acquiring needed resources.

Adapted from [Rotary Service Connections](#). Get [more resources](#) to help ensure the success of your project throughout its lifecycle



**There are some very good ideas in the above list which I am sure will be most useful in Rotary Clubs that are struggling with their Service Project offering.**

**The list is not exhaustive and there are certainly members in our club who would be able to add their own personal tips for success – anyone care to share some of these tips for success?**

# OUTA SPACE

Page 9



## REMEDIES OF YESTERYEAR

I'm surprised they remembered anything at all!!!

A bottle of Bayer's 'Heroin' - Between 1890 and 1910 heroin was sold as a **non-addictive substitute** for morphine. It was also used to treat children suffering with a strong cough.

Opium for Asthma:

At 40% alcohol plus 3 grams of opium per tablet, it didn't cure you.. But you didn't care!



Cocaine drops for toothache.

Very popular for children in 1885. Not only did they relieve the pain, they made the children very happy!

*It's no wonder they were called, "The Good Old Days".*

